

Y7 PD OVERVIEW 2026-27					
	THEME	PSHE LESSON CONTENT	ASSEMBLIES		
			Date	Focus	Theme
HALF TERM 1	RELATIONSHIPS	1. n/a	01.09	New beginnings/school values	RELATIONSHIPS
		2. Transition	07.09	Behaviour & rewards	RELATIONSHIPS
		3. Be kind to yourself	14.09	Enrichment	HEALTH AND WELLBEING
		4. Healthy relationships	21.09	C2S re-launch	LIFE IN THE WIDER WORLD
		5. Unhealthy relationships	28.09	The power of words (Black History Month)	CELEBRATING DIVERSITY AND EQUALITY
		6. Managing Conflict	05.10	Looking after your mental health	HEALTH AND WELLBEING
		7. Consent	12.10	Year leader – needs arising	LIFE IN THE WIDER WORLD
		8. Consent, pressure & influence	19.10	Rewards assemblies	RELATIONSHIPS
HALF TERM 2	HEALTH AND WELLBEING	1. Review half term 1 & MH peer educator 1	02.11	Behaviour & Expectations & Bonfire Night Safety	RELATIONSHIPS & STAYING SAFE
		2. MH peer educator 2	9.11	Remembrance	BRITISH VALUES
		3. MH peer educator 3	16.11	Men's mental health	HEALTH AND WELLBEING
		4. Wellbeing: Resilience (MH peer educator)	23.11	Online safety	STAYING SAFE
		5. Health Education: Body changes	30.11	Year leader – needs arising	LIFE IN THE WIDER WORLD
		6. Health Education: Alcohol	07.12	Rewards assemblies	RELATIONSHIPS
		7. Health Education: Vaping/oral hygiene	14.12	Christmas assemblies	CELEBRATING DIVERSITY AND EQUALITY
HALF TERM 3	STAYING SAFE	1. Review half term 2 & First Aid: Recovery position	04.01	New term messages	RELATIONSHIPS
		2. Risk taking	11.01	Behaviour & Expectations	RELATIONSHIPS
		3. Online safety: Digital citizen	18.01	Risk versus reward	STAYING SAFE
		4. Online safety: Keeping safe	25.01	Holocaust memorial	BRITISH VALUES
		5. Online safety: Legal aspects/ support / Digital Wellbeing	01.02	National Apprenticeship Week	LIFE IN THE WIDER WORLD
		6. KNIFE CRIME/Railway safety	08.02	Rewards assemblies	RELATIONSHIPS
HALF TERM 4	CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 3 & Anti-bullying: Identity	22.02	Behaviour & Expectations	RELATIONSHIPS
		2. Anti-bullying: Bullying or banter	01.03	Reading for Pleasure	HEALTH AND WELLBEING
		3. Anti-bullying: Role in bullying	08.03	Inspirational women	BRITISH VALUES
		4. Tackling Racism	15.03	Year leader – needs arising	LIFE IN THE WIDER WORLD
		5. Diversity & protected characteristics	22.03	Rewards assemblies	LIFE IN THE WIDER WORLD
HALF TERM 5	BRITISH VALUES	1. Review half term 4 & UK and identity	12.04	New term messages	RELATIONSHIPS
		2. Politics: Left and right	19.04	Enrichment	HEALTH AND WELLBEING
		3. Politics: UK main parties	26.04	STEM	LIFE IN THE WIDER WORLD
		4. BANK HOLIDAY	03.05	Year leader – needs arising	LIFE IN THE WIDER WORLD
		5. Extremism and the law	10.05	Reduce, re-use, recycle, refuse	LIFE IN THE WIDER WORLD
		6. Law Making	17.05	Behaviour & Expectations	RELATIONSHIPS
		7. Age of Criminal Responsibility	24.05	Rewards assemblies	RELATIONSHIPS
HALF TERM 6	LIFE IN THE WIDER WORLD	1. Review half term 5 & Financial education: Bank accounts	07.06	Diversity month assemblies	CELEBRATING DIVERSITY AND EQUALITY BRITISH VALUES
		2. Financial education: Credit/debit	14.06		
		3. CEAIG: Strengths	21.06		
		4. CEAIG: Applying for a job	28.06		
		5. CEIAG: Post Y11 options	05.07	(Y10-11 launch & Y6 transition)	LIFE IN THE WIDER WORLD
		6. Being an active citizen	12.07	End of term celebrations, including rewards	LIFE IN THE WIDER WORLD
		7. End of term activity	19.07	N/A	RELATIONSHIPS

Y8 PD OVERVIEW 2026-27					
	THEME	PSHE LESSON CONTENT	ASSEMBLIES		
			Date	Focus	Theme
HALF TERM 1	STAYING SAFE	1. N/a	01.09	New beginnings/school values	RELATIONSHIPS
		2. Managing online information: Online safety	07.09	Behaviour & rewards	RELATIONSHIPS
		3. Cyberbullying: Online safety	14.09	Enrichment	HEALTH AND WELLBEING
		4. Send a pic: Online safety	21.09	C2S re-launch	LIFE IN THE WIDER WORLD
		5. County Lines	28.09	The power of words (Black History Month)	CELEBRATING DIVERSITY AND EQUALITY
		6. The Law	05.10	Looking after your mental health	HEALTH AND WELLBEING
		7. First Aid – Choking	12.10	Year leader – needs arising	LIFE IN THE WIDER WORLD
		8. First aid – Bleeding and shock	19.10	Rewards assemblies	RELATIONSHIPS
HALF TERM 2	HEALTH AND WELLBEING	1. Review half term 1 & Wellbeing awareness: Self-harm	02.11	Behaviour & Expectations & Bonfire Night Safety	RELATIONSHIPS & STAYING SAFE
		2. Health Education: Personal hygiene	9.11	Remembrance	BRITISH VALUES
		3. Health Education: Healthy living	16.11	Men's mental health	HEALTH AND WELLBEING
		4. Health Education: Alcohol and media	23.11	Online safety	STAYING SAFE
		5. Health Education: Vaping, risk & drugs	30.11	Year leader – needs arising	LIFE IN THE WIDER WORLD
		6. Wellbeing awareness: Strategies (MH peer educators)	07.12	Rewards assemblies	RELATIONSHIPS
		7. Wellbeing awareness: Resilience (MH peer educators)	14.12	Christmas assemblies	CELEBRATING DIVERSITY AND EQUALITY
HALF TERM 3	CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 2 & Anti-bullying: Sexual bullying	04.01	New term messages	RELATIONSHIPS
		2. Anti-bullying: Impact of bullying	11.01	Behaviour & Expectations	RELATIONSHIPS
		3. Tackling racism: Is it racist?	18.01	Risk versus reward	STAYING SAFE
		4. Tackling racism: The media	25.01	Holocaust memorial	BRITISH VALUES
		5. What is LGBTQ?	01.02	National Apprenticeship Week	LIFE IN THE WIDER WORLD
		6. Diversity & protected characteristics / Diversity Project	08.02	Rewards assemblies	RELATIONSHIPS
HALF TERM 4	LIFE IN THE WIDER WORLD	1. Review half term 3 & CIA: Branding	22.02	Behaviour & Expectations	RELATIONSHIPS
		2. CIAG: Tees Valley jobs	01.03	Reading for Pleasure	HEALTH AND WELLBEING
		3. Financial Education: Consumer rights	08.03	Inspirational women	BRITISH VALUES
		4. Financial Education: Targeted advertising	15.03	Year leader – needs arising	LIFE IN THE WIDER WORLD
		5. Role of the media: Fake news & 'Insta-lies'	22.03	Rewards assemblies	LIFE IN THE WIDER WORLD
HALF TERM 5	BRITISH VALUES	1. Review half term 4 & Law and justice: Criminals, law and society	12.04	New term messages	RELATIONSHIPS
		2. Desert Island: Building a community	19.04	Enrichment	HEALTH AND WELLBEING
		3. Desert Island: Making Decisions	26.04	STEM	LIFE IN THE WIDER WORLD
		4. BANK HOLIDAY	03.05	Year leader – needs arising	LIFE IN THE WIDER WORLD
		5. Desert Island: Appointing a Leader	10.05	Reduce, re-use, recycle, refuse	LIFE IN THE WIDER WORLD
		6. Law and justice: Law making in society	17.05	Behaviour & Expectations	RELATIONSHIPS
		7. Law and justice: Prison, reform and punishment	24.05	Rewards assemblies	RELATIONSHIPS
HALF TERM 6	RELATIONSHIPS	1. Review half term 5 & RSE: Family unit and marriage	07.06	Diversity month assemblies	CELEBRATING DIVERSITY AND EQUALITY BRITISH VALUES
		2. RSE: Gender expectations	14.06		
		3. RSE: Gender stereotypes	21.06		
		4. RSE: Domestic Abuse – Healthy Relationships (Harbour – CW)	28.06		
		5. RSE: Harmful sexual behaviours	05.07	(Y10-11 launch & Y6 transition)	LIFE IN THE WIDER WORLD
		6. RSE: STIs	12.07	End of term celebrations, including rewards	LIFE IN THE WIDER WORLD
		7. End of term activity	19.07	N/A	RELATIONSHIPS

Y9 PD OVERVIEW 2026-27

	THEME	PSHE LESSON CONTENT	ASSEMBLIES		
			Date	Focus	Theme
HALF TERM 1	STAYING SAFE	1. N/a	01.09	New beginnings/school values	RELATIONSHIPS
		2. Online safety: Exploited	07.09	Behaviour & rewards	RELATIONSHIPS
		3. Online safety: FOMO	14.09	Enrichment	HEALTH AND WELLBEING
		4. Online safety: Gambling	21.09	C2S re-launch	LIFE IN THE WIDER WORLD
		5. First Aid: Chest pains	28.09	The power of words (Black History Month)	CELEBRATING DIVERSITY AND EQUALITY
		6. First Aid: CPR/AED	05.10	Looking after your mental health	HEALTH AND WELLBEING
		7. Knife crime	12.10	Year leader – needs arising	LIFE IN THE WIDER WORLD
		8. Railway safety	19.10	Rewards assemblies	RELATIONSHIPS
HALF TERM 2	RELATIONSHIPS	1. Review half term 1 & Online sexual harassment & reporting	02.11	Behaviour & Expectations & Bonfire Night Safety	RELATIONSHIPS & STAYING SAFE
		2. Bullying	9.11	Remembrance	BRITISH VALUES
		3. Unhealthy relationships and inappropriate behaviour	16.11	Men's mental health	HEALTH AND WELLBEING
		4. Domestic abuse	23.11	Online safety	STAYING SAFE
		5. Sexual health*	30.11	Year leader – needs arising	LIFE IN THE WIDER WORLD
		6. Contraception* / BROOK Healthy relationships (MP, AG, AB, CF) – CW arranging	07.12	Rewards assemblies	RELATIONSHIPS
		7. Contraception* / BROOK Healthy relationships (KM, RA, KR, ZP) – CW arranging	14.12	Christmas assemblies	CELEBRATING DIVERSITY AND EQUALITY
HALF TERM 3	LIFE IN THE WIDER WORLD	1. Review half term 2 & Road safety	04.01	New term messages	RELATIONSHIPS
		2. CIAG: Options launch	11.01	Behaviour & Expectations	RELATIONSHIPS
		3. CIAG: Options booklet	18.01	Risk versus reward	STAYING SAFE
		4. CIAG: Apprenticeships	25.01	Holocaust memorial	BRITISH VALUES
		5. CIAG: Post 16 options	01.02	National Apprenticeship Week	LIFE IN THE WIDER WORLD
		6. Financial Education: Money safety & MHWB – Barclays	08.02	Rewards assemblies	RELATIONSHIPS
HALF TERM 4	HEALTH AND WELLBEING	1. Review half term 3 & Wellbeing: Eating disorders	22.02	Behaviour & Expectations	RELATIONSHIPS
		2. Wellbeing: Body image (MH peer educators)	01.03	Reading for Pleasure	HEALTH AND WELLBEING
		3. Health Education: Alcohol	08.03	Inspirational women	BRITISH VALUES
		4. Health Education: Legal/illegal highs	15.03	Year leader – needs arising	LIFE IN THE WIDER WORLD
		5. Health Education: Smoking	22.03	Rewards assemblies	LIFE IN THE WIDER WORLD
HALF TERM 5	BRITISH VALUES w/exp week – Y9 oracy/discussion lesson (JPL) to prep presentation/discussion	1. Review half term 4 & Politics: Why vote?	12.04	New term messages	RELATIONSHIPS
		2. Understanding and challenging discrimination	19.04	Enrichment	HEALTH AND WELLBEING
		3. Types of extremism	26.04	STEM	LIFE IN THE WIDER WORLD
		4. BANK HOLIDAY	03.05	Year leader – needs arising	LIFE IN THE WIDER WORLD
		5. What is meant by individual liberty?	10.05	Reduce, re-use, recycle, refuse	LIFE IN THE WIDER WORLD
		6. Radicalisation	17.05	Behaviour & Expectations	RELATIONSHIPS
		7. What do we mean by intimidation? – Pol Ed	24.05	Rewards assemblies	RELATIONSHIPS
HALF TERM 6	CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 5 & Tackling racism	07.06	Diversity month assemblies	CELEBRATING DIVERSITY AND EQUALITY BRITISH VALUES
		2. Being the same, yet different	14.06		
		3. Seeking refuge and asylum	21.06		
		4. Equality Act	28.06		
		5. Human rights act	05.07	(Y10-11 launch & Y6 transition)	LIFE IN THE WIDER WORLD

		6. C2S – starting your GCSEs	12.07	End of term celebrations, including rewards	LIFE IN THE WIDER WORLD
		7. End of term activity	19.07	N/A	RELATIONSHIPS