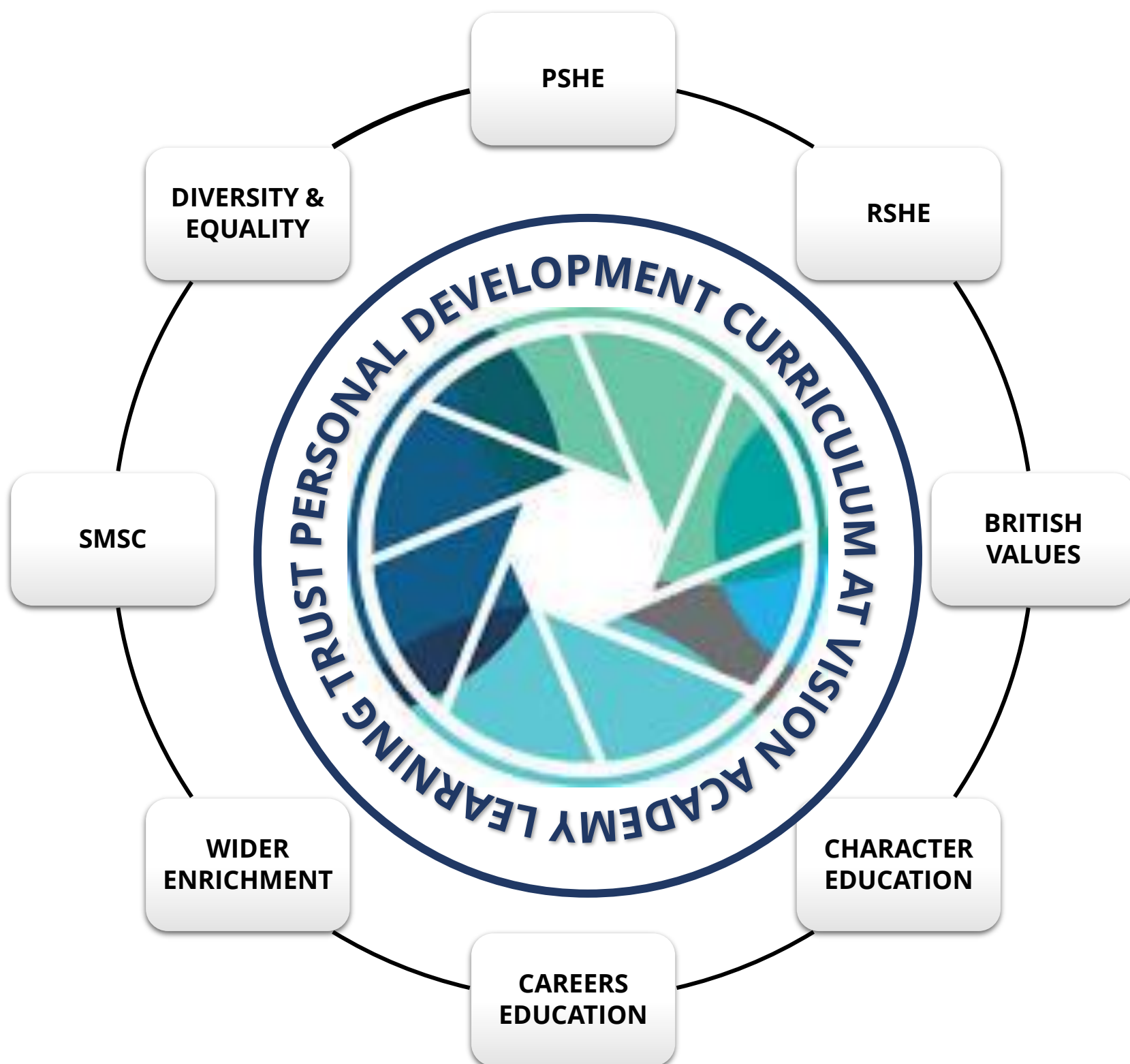




Inspiring excellence in learning and in life

Curriculum Intent

At Vision Academy Learning Trust, we provide a relevant knowledge rich curriculum of personal, health, social and economic education which includes RSHE, careers and citizenship. The aim of this curriculum is to equip students to live healthy, safe, productive, responsible and balanced lives through core themes of staying safe, health and wellbeing, relationships, British values, celebrating diversity and equality, and life in the wider world.

There is a significant contribution in PSHE, to students' SMSC development, their behaviour and attitudes and it promotes students' wellbeing. PSHE promotes personal development by helping students to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions.

Programmes of study, for PSHE have a clear plan for what students should know and be able to do in PSHE by the end of KS4. The PSHE programme supports the students to thrive in a time of rapid change, with new and unpredictable opportunities and challenges constantly emerging. It takes the 'learning opportunities' outlined within the five core themes and helps develop the students' concepts, skills and attributes and engage in respectful discussions about these issues.

PSHE aims to help students to:

- Identify their personal qualities, attitudes, skills, attributes and achievements and what influences these.
- Explore their attitudes, values and beliefs about them and develop the skills, language and strategies needed to manage any issues should they encounter them in their lives.
- Apply academic skills such as critical thinking and resilience, to their approach to the study of PSHE.
- Promote students' spiritual, moral, social and cultural development.
- Equip all students with the knowledge and skills they need to stay safe and be able to communicate when they do not feel safe
- Provide expert independent, up-to-date careers guidance that gives our students the best information and opportunities available and helps them progress into further education, training and employment.

PSHE- 5 YEAR OVERVIEW



RELATIONSHIPS

HEALTH & WELLBEING

STAYING SAFE

LIFE IN THE WIDER WORLD

BRITISH VALUES

DIVERSITY & EQUALITY

Y8

STAYING SAFE

HEALTH & WELLBEING

DIVERSITY & EQUALITY

RELATIONSHIPS

BRITISH VALUES

LIFE IN THE WIDER WORLD

Y9

STAYING SAFE

RELATIONSHIPS

LIFE IN THE WIDER WORLD

DIVERSITY & EQUALITY

BRITISH VALUES

HEALTH & WELLBEING

Y10

RELATIONSHIPS

HEALTH & WELLBEING

STAYING SAFE

DIVERSITY & EQUALITY

BRITISH VALUES

LIFE IN THE WIDER WORLD

Y11

LIFE IN THE WIDER WORLD

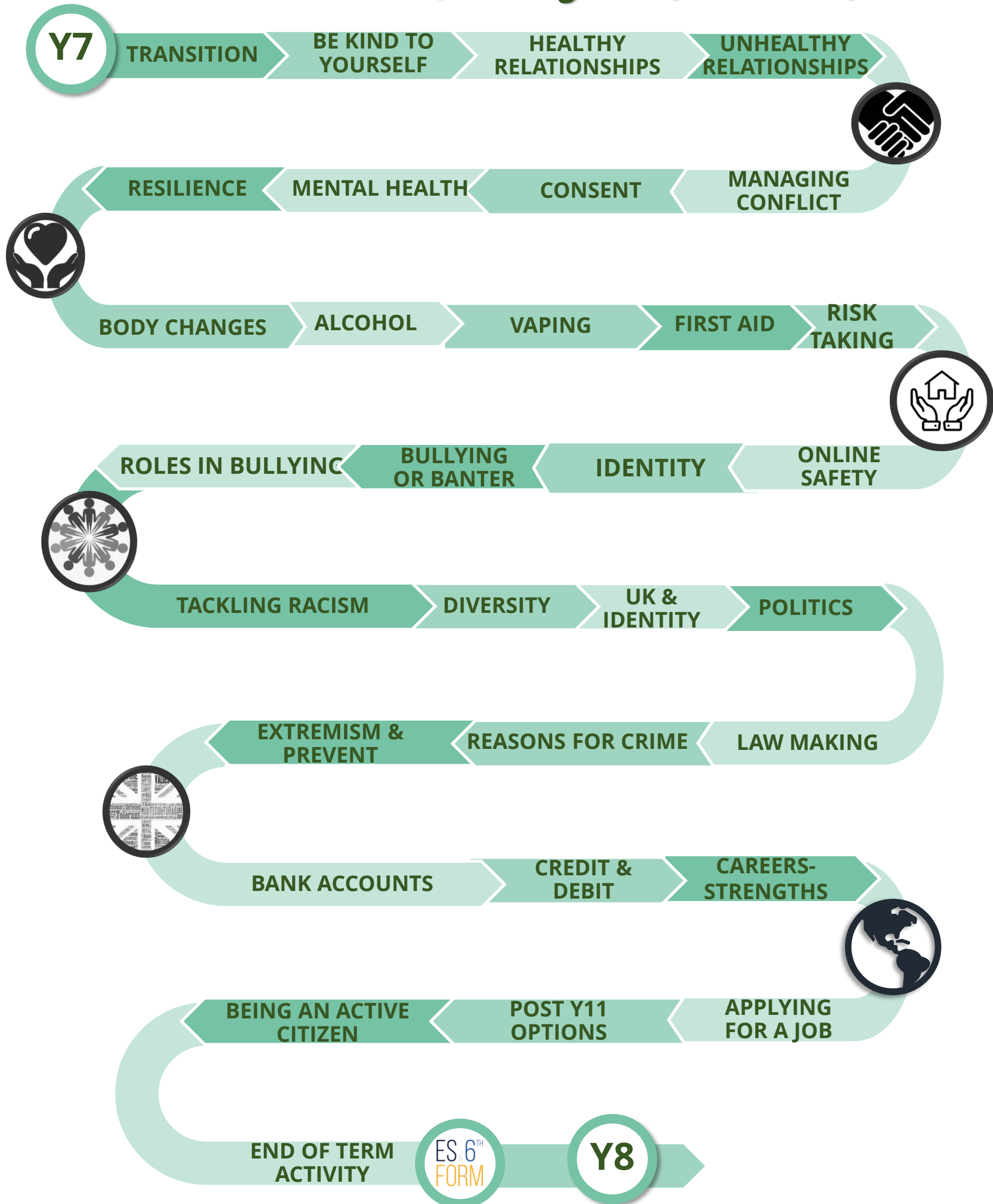
RELATIONSHIPS

HEALTH & WELLBEING

STAYING SAFE

DIVERSITY & EQUALITY

PSHE- YEAR 7 JOURNEY



PSHE- YEAR 8 JOURNEY

Y8

ONLINE
INFORMATION

CYBER-BULLYING

SEND A PIC

COUNTY LINES



SELF HARM

FIRST AID BLEEDING

FIRST AID-CHOKING

LAW & ONLINE



WELLBEING STRATEGIES

RESILIENCE

PERSONAL HYGIENE

HEALTHY LIVING

ALCOHOL &
MEDIA

SEXUAL BULLYING

RISK & DRUGS

SMOKING

VAPING



IMPACT OF BULLYING

RACISM

LGBTQI+

EQUALITY

RESTORATIVE JUSTICE

LAW & JUSTICE - ASB

LAW & HUMAN RIGHTS-
DESERT ISLAND



CAREERS-BRANDING

TEES VALLEY JOBS

CONSUMER RIGHTS &
PROTECTION



GENDER EXPECTATIONS

FAMILY UNIT
& MARRIAGE

ROLE OF THE MEDIA-
INSTA-LIES

TARGETED
ADVERTISING



GENDER
STEREOTYPES

DOMESTIC ABUSE

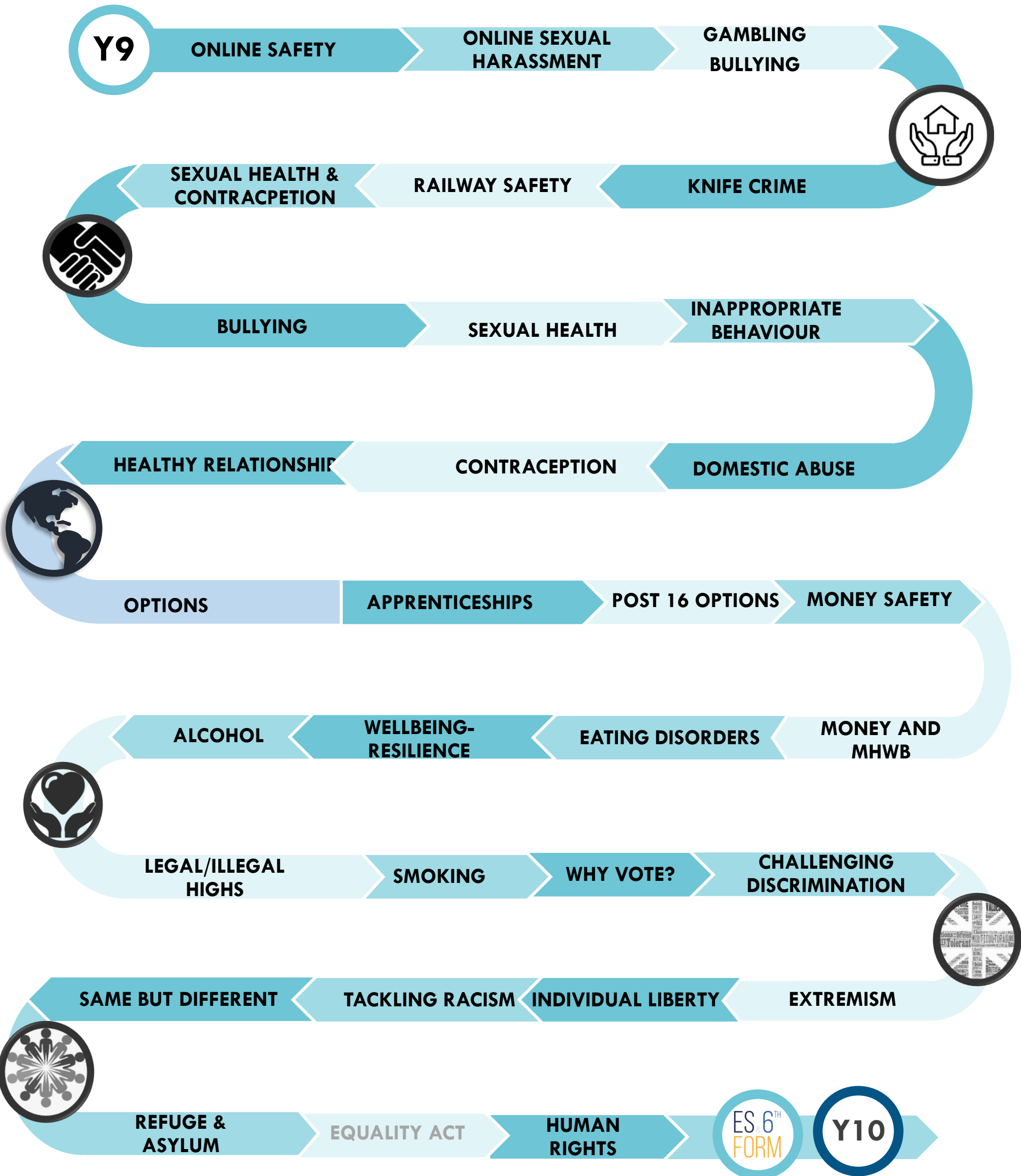
HARMFUL SEXUAL
BEHAVIOURS

STIS

ES. 6TH
FORM

Y9

PSHE- YEAR 9 JOURNEY



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PSHE- YEAR 10 JOURNEY

Y10

TRANSITION INTO KS4

RELATIONSHIP VALUES

EMOTIONAL ABUSE



SEXUAL HEALTH

SUBSTANCE USE IN
RELATIONSHIPS

SEXUAL
OFFENCES

INCEL CULTURE

RECREATIONAL
DRUGS

COUNTY LINES

COPING WITH EXAMS



MHPE: STRESS

SKILLS BUILDER

PORNOGRAPHY

MICROTRANSACTION
S

FRAUD & GROOMING

FIGHTING



ROAD SAFETY

PUBLIC ORDER OFFENCE

CARRYING KNIVES - RISK



ALLEY JOBS

EMPLOYABILITY

EMPLOYMENT
ROUTES

GAMBLING



RADICALISATION

EXTREMISM

MORAL QUESTION

C2S – STUDY
SKILLS



Revision TT

Work experience

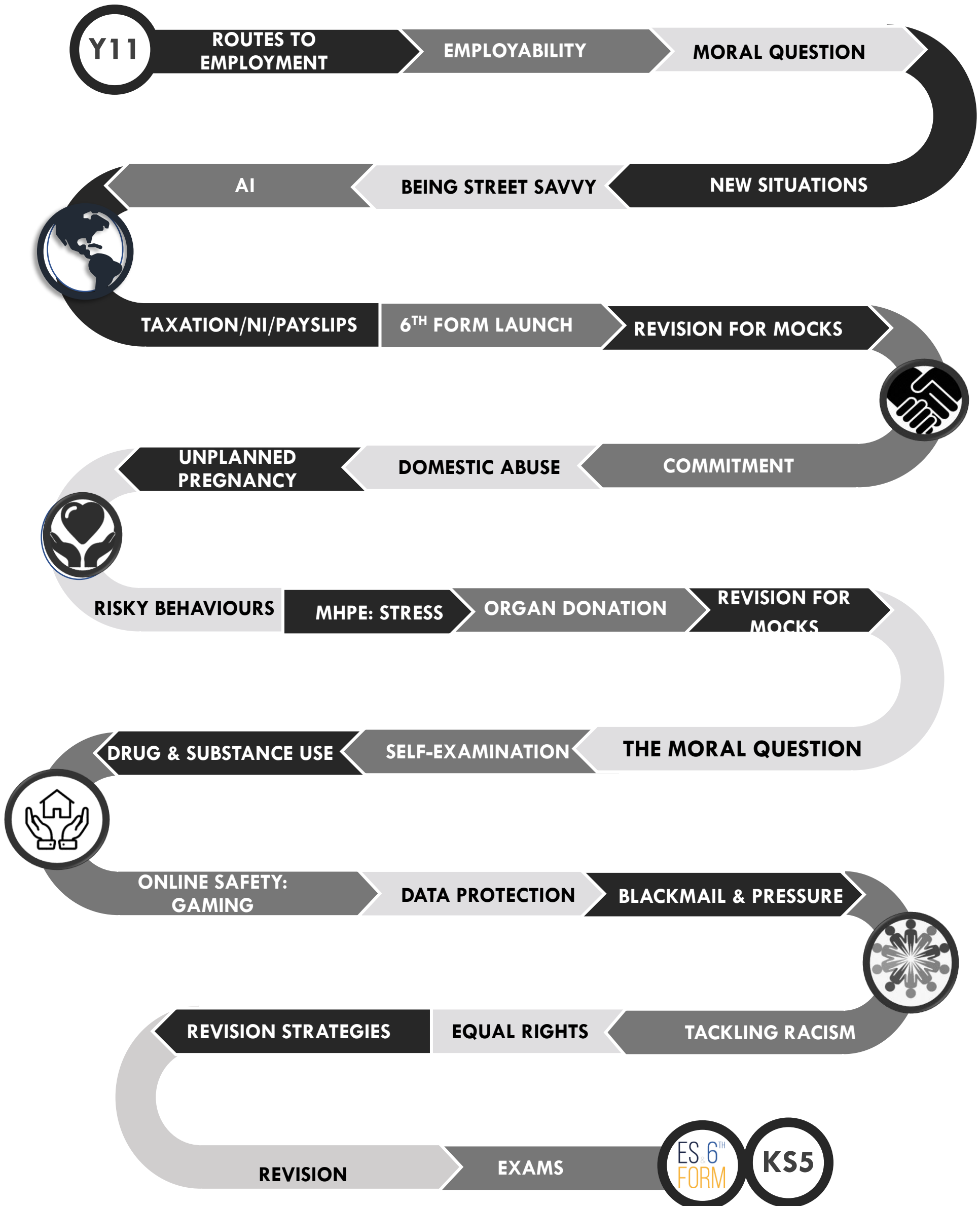
LGBTQIA+

MORAL QUESTION

Y11

Inspiring excellence in learning and in life

PSHE- YEAR 11 JOURNEY



Inspiring excellence in learning and in life

RSHE- 5 YEAR OVERVIEW

Y7

Healthy & unhealthy relationships

Consent

Mental health & well-being

Y8

Anti-bullying

First aid: emergency services & recovery position

Health education: body changes, alcohol, vaping, oral hygiene

Online safety

First aid: choking, bleeding & shock

MHWB: self harm, resilience

Y9

Relationships: families, gender, domestic abuse, STIs

Anti-bullying

Health education: personal hygiene, healthy living, alcohol, vaping, drugs

Online safety & exploitation

First aid: chest pains, CPR/AED

Relationships: sexual harassment, unhealthy relationships, sexual health, contraception

Y10

Online safety: porn, grooming

Health education: drugs, county lines, alcohol, smoking

MHWB: anxiety, suicide, strategies

Gender identity & LGBTQIA+

Relationships: sexual harassment, sexual health, contraception, consent

Y11

Relationships: commitment, domestic abuse, unplanned pregnancy

MHWB: stress

Health education: organ donation, self-examination, sleep

Online safety: gaming, data protection, anti-fraud

Gender equality & disability awareness