



# Relationships, Sex and Health Education (RSHE)

March 2021

# RSHE at Egglescliffe

- RSE became statutory in September 2020 (but official delay until summer 2021 due to Covid)
- The course will build on the teaching from primary school
- The course will be age appropriate but also respond to arising needs
- It will be delivered as part of a wider PSHE programme as a timetable lesson once a week
- The content will be delivered by tutors but outside speakers are used on a number of occasions



# The aims of the RSHE curriculum

- To help children grow up happy, healthy and safe
- To help children manage the challenges of life in modern Britain
- To equip children with the knowledge to make informed choices about wellbeing, health and relationships

# RSE content

By the end of Year 11 your child will have been taught content on

- Families
- Respectful relationships
- Online media
- Being safe
- Sexual relationships including sexual health

# Health content

By the end of Year 11 your child will have been taught content on

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Drugs, alcohol and tobacco
- Basic first aid
- Changing adolescent body



# Parent/carer consultation

- The government requires schools to consult parents on RSE
- The RSE policy is on the school website
- The RSE newsletter has a link to a parent/carer questionnaire about RSE
- The taught content is also on the school website under the PSHE curriculum
- There will be further opportunities to discuss the RSE curriculum

# Further information

- [DfE guidance on RSE](#)
- [Egglecliffe School pastoral programme](#)

To access the questionnaire click below

- <https://forms.office.com/Pages/ResponsePage.aspx?id=8Gf8QQdMu0W7PJTY3yk9MaYW5RvwQXRMI MxO4Muh3W5URVUwQjYIQzBUNkUyUU9CMD MIVVBSOUxFMy4u>