

YEAR 10 PERSONAL DEVELOPMENT

| | THEME | PSHE LESSON CONTENT | FORM TIME LINK-TUTOR TALK | ASSEMBLIES | | |
|-------------|------------------------------------|--|---|------------|---|--------------------------------------|
| | | | | Date | Focus | Theme |
| HALF TERM 1 | RELATIONSHIPS | 1. N/a | <ul style="list-style-type: none"> Being part of a community (Relationships) Making a difference (Life in the wider world) What are British Values? (British Values) Healthy body and mind (Health & wellbeing) | 04.09 | New beginnings – school values | Relationships |
| | | 2. Transition into KS4 | | 11.09 | Behaviour and rewards introduction | Relationships |
| | | 3. BROOK: Sexual health | | 18.09 | Choose to succeed | Life in the wider world |
| | | 4. BROOK: Pornography | | 26.09 | Hidden disabilities (International Day of Sign Language) | Diversity and equality |
| | | 5. Healthy relationships & marriage | | 02.10 | Black History Month | Diversity and equality |
| | | 6. Contraception and STIs | | 09.10 | World Mental Health Day | Health and wellbeing |
| | | 7. Consent | | 16.10 | Poverty (International Day for the Eradication of Poverty) | British Values |
| | | 8. Gender identity | | 23.10 | Rewards assembly | Relationships |
| HALF TERM 2 | HEALTH AND WELLBEING | 1. Review half term 1 & Health Education: Recreational drugs | <ul style="list-style-type: none"> Being kind to others (Diversity and equality) Identity and protected characteristics (Diversity and equality) Choose to succeed (Life in the wider world) | 06.11 | Remembrance | Life in the wider world |
| | | 2. Health Education: County Lines | | 13.11 | Anti-bullying week | Staying safe |
| | | 3. Health Education: Alcohol and smoking | | 20.11 | Men's MHWB (International Men's Day) | Health and wellbeing |
| | | 4. The Moral Question | | 27.11 | Anti-consumerism (Buy Nothing Day) | Life in the wider world |
| | | 5. Wellbeing awareness: Anxiety | | 04.12 | Human Rights (Human Rights Day) | British Values |
| | | 6. Wellbeing awareness: Suicide | | 11.12 | Rewards assembly | Relationships |
| | | 7. Wellbeing awareness: Strategies (MH peer educators) | | 18.12 | Celebrating Christmas assembly | Diversity and equality |
| HALF TERM 3 | STAYING SAFE | 1. Review half term 2 & Online safety: Screen time | <ul style="list-style-type: none"> Happiness (Health and wellbeing) What makes a good leader? (Life in the wider world) Commitment (Relationships) The importance of democracy (British Values) | 08.01 | Be the best you can be – school values | Relationships |
| | | 2. Online safety: Pornography* | | 15.01 | I have a dream (Martin Luther King Day) | Diversity and equality |
| | | 3. Online safety: Fraud | | 22.01 | Holocaust memorial (Holocaust Memorial Day) | Diversity and equality |
| | | 4. Online safety: Grooming | | 29.01 | Religious differences (World Interfaith Harmony Week) | Diversity and equality |
| | | 5. The moral question | | 05.02 | Careers (National Apprenticeship Week) | Life in the wider world |
| | | 6. Reporting and support | | 12.02 | Rewards assembly | Relationships |
| HALF TERM 4 | LIFE IN THE WIDER WORLD | 1. Review half term 3 & CIAG: Tees Valley jobs | <ul style="list-style-type: none"> Predicting your future (Life in the wider world) Empowered by education (Life in the wider world) Equality for all-Equality Act (Diversity and equality) | 26.02 | LGBTQ+ (LGBTQ+ History Month) | British Values |
| | | 2. CIAG: Employability | | 04.03 | World Book Day | Life in the wider world |
| | | 3. CIAG: Routes to employment | | 11.03 | DigitALL (International Women's Day) | Health and wellbeing |
| | | 4. Financial Education: Gambling | | 18.03 | What makes you happy? (International Day of Happiness) | Health and wellbeing |
| | | 5. Choose to succeed: Revision planning | | 25.03 | Respecting Faiths (Easter & Ramadan) Virtual rewards assembly | Diversity and equality Relationships |
| HALF TERM 5 | BRITISH VALUES | 1. Review half term 4 & The Moral Question | <ul style="list-style-type: none"> Online safety (Staying safe) Managing stress (Health and wellbeing) One planet – our planet (Life in the wider world) | 15.04 | Be the best you can be – school values | Relationships |
| | | 2. Politics-why vote? | | 22.04 | Looking after our planet (Earth Day) | Life in the wider world |
| | | 3. Modern Day Slavery | | 29.04 | | |
| | | 4. FGM | | 06.05 | | |
| | | 5. Raising awareness of extremism | | 13.05 | Families (International Day of Families) | Relationships |
| | | 6. Work experience week | | 20.05 | Rewards assembly | Relationships |
| HALF TERM 6 | CELEBRATING DIVERSITY AND EQUALITY | 1. Work experience debrief | <ul style="list-style-type: none"> Radicalisation (British Values) Healthy relationships (Relationships) Role of the media (Life in the wider world) Stereotypes (Diversity and equality) | 03.06 | CELEBRATING DIVERSITY MONTH – To include World Refugee Day, Pride Month | Diversity and equality |
| | | 2. Review half term 5 & Revision for mocks | | 10.06 | | Relationships |
| | | 3. Revision for mocks | | 17.06 | | British Values |
| | | 4. LGBTQIA+ | | 24.06 | | Life in the wider world |
| | | 5. The Moral Question | | 01.07 | | |
| | | 6. The Moral Question | | 08.07 | | |
| | | 7. End of term activity | | 15.07 | End of term rewards assembly | Relationships |