

YEAR 7 PERSONAL DEVELOPMENT

| | THEME | PSHE LESSON CONTENT | FORM TIME LINK-TUTOR TALK | ASSEMBLIES | | |
|-------------|------------------------------------|--|---|------------|---|---|
| | | | | Date | Focus | Theme |
| HALF TERM 1 | RELATIONSHIPS | 1. n/a | <ul style="list-style-type: none"> Being part of a community (Relationships) Making a difference (Life in the wider world) What are British Values? (British Values) Healthy body and mind (Health & wellbeing) | 04.09 | New beginnings – school values | Relationships |
| | | 2. Transition | | 11.09 | Behaviour and rewards introduction | Relationships |
| | | 3. Be kind to yourself | | 18.09 | Choose to succeed | Life in the wider world |
| | | 4. Healthy relationships | | 26.09 | Hidden disabilities (International Day of Sign Language) | Diversity and equality |
| | | 5. Unhealthy relationships | | 02.10 | Black History Month | Diversity and equality |
| | | 6. Managing Conflict | | 09.10 | World Mental Health Day | Health and wellbeing |
| | | 7. Consent | | 16.10 | Poverty (International Day for the Eradication of Poverty) | British Values |
| | | 8. Consent, pressure & influence | | 23.10 | Rewards assembly | Relationships |
| HALF TERM 2 | HEALTH AND WELLBEING | 1. Review half term 1 & MH peer educator 1 | <ul style="list-style-type: none"> Being kind to others (Diversity and equality) Identity and protected characteristics (Diversity and equality) Choose to succeed (Life in the wider world) | 06.11 | Remembrance | Life in the wider world |
| | | 2. MH peer educator 2 | | 13.11 | Anti-bullying week | Staying safe |
| | | 3. MH peer educator 3 | | 20.11 | Men's MHWB (International Men's Day) | Health and wellbeing |
| | | 4. Wellbeing: Resilience | | 27.11 | Anti-consumerism (Buy Nothing Day) | Life in the wider world |
| | | 5. Health Education: Body changes | | 04.12 | Human Rights (Human Rights Day) | British Values |
| | | 6. Health Education: Alcohol | | 11.12 | Rewards assembly | Relationships |
| | | 7. Health Education: Vaping/ oral hygiene | | 18.12 | Celebrating Christmas assembly | Diversity and equality |
| HALF TERM 3 | STAYING SAFE | 1. Review half term 2 & First Aid: Recovery position | <ul style="list-style-type: none"> Happiness (Health and wellbeing) What makes a good leader? (Life in the wider world) Commitment (Relationships) The importance of democracy (British Values) | 08.01 | Be the best you can be – school values | Relationships |
| | | 2. Risk taking | | 15.01 | I have a dream (Martin Luther King Day) | Diversity and equality |
| | | 3. Online safety: Digital citizen | | 22.01 | Holocaust memorial (Holocaust Memorial Day) | Diversity and equality |
| | | 4. Online safety: Keeping safe | | 29.01 | Religious differences (World Interfaith Harmony Week) | Diversity and equality |
| | | 5. Online safety: Legal aspects/ support | | 05.02 | Careers (National Apprenticeship Week) | Life in the wider world |
| | | 6. Online safety: Digital wellbeing | | 12.02 | Rewards assembly | Relationships |
| HALF TERM 4 | CELEBRATING DIVERSITY AND EQUALITY | 1. Review half term 3 & Anti-bullying: Identity | <ul style="list-style-type: none"> Predicting your future (Life in the wider world) Empowered by education (Life in the wider world) Equality for all-Equality Act (Diversity and equality) | 26.02 | LGBTQ+ (LGBTQ+ History Month) | British Values |
| | | 2. Anti-bullying: Bullying or banter? | | 04.03 | World Book Day | Life in the wider world |
| | | 3. Anti-bullying: Roles in bullying | | 11.03 | DigitALL (International Women's Day) | Health and wellbeing |
| | | 4. Tackling Racism | | 18.03 | What makes you happy? (International Day of Happiness) | Health and wellbeing |
| | | 5. Diversity & protected characteristics | | 25.03 | Respecting Faiths (Easter & Ramadan) Virtual rewards assembly | Diversity and equality Relationships |
| HALF TERM 5 | BRITISH VALUES | 1. Review half term 4 & UK and identity | <ul style="list-style-type: none"> Online safety (Staying safe) Managing stress (Health and wellbeing) One planet – our planet (Life in the wider world) | 15.04 | Be the best you can be – school values | Relationships |
| | | 2. Politics: Left and right | | 22.04 | Looking after our planet (Earth Day) | Life in the wider world |
| | | 3. Politics: UK main parties | | 29.04 | | |
| | | 4. Law and justice: Law making | | 06.05 | | |
| | | 5. Law and justice: Crime reasons | | 13.05 | Families (International Day of Families) | Relationships |
| | | 6. Extremism and Prevent | | 20.05 | Rewards assembly | Relationships |
| HALF TERM 6 | LIFE IN THE WIDER WORLD | 1. Review half term 5 & Financial education: Bank accounts | <ul style="list-style-type: none"> Radicalisation (British Values) Healthy relationships (Relationships) Role of the media (Life in the wider world) Stereotypes (Diversity and equality) | 03.06 | CELEBRATING DIVERSITY MONTH – To include World Refugee Day, Pride Month | Diversity and equality |
| | | 2. Financial education: Credit/debit | | 10.06 | | Relationships |
| | | 3. CEIAG: Strengths | | 17.06 | | British Values |
| | | 4. CEIAG: Applying for a job | | 24.06 | | Life in the wider world |
| | | 5. CEIAG: Post Y11 options | | 01.07 | | |
| | | 6. Being an active citizen | | 08.07 | | |
| | | 7. End of term activity | | 15.07 | End of term rewards assembly | Relationships |