

YEAR 8 PERSONAL DEVELOPMENT

	THEME	PSHE LESSON CONTENT	FORM TIME LINK-TUTOR TALK	ASSEMBLIES		
				Date	Focus	Theme
HALF TERM 1	STAYING SAFE	1. N/a	<ul style="list-style-type: none"> Being part of a community (Relationships) Making a difference (Life in the wider world) What are British Values? (British Values) Healthy body and mind (Health & wellbeing) 	04.09	New beginnings – school values	Relationships
		2. Managing online information: Online safety		11.09	Behaviour and rewards introduction	Relationships
		3. Cyberbullying: Online safety		18.09	Choose to succeed	Life in the wider world
		4. Send a pic: Online safety		26.09	Hidden disabilities (International Day of Sign Language)	Diversity and equality
		5. County Lines		02.10	Black History Month	Diversity and equality
		6. The Law		09.10	World Mental Health Day	Health and wellbeing
		7. First Aid-choking		16.10	Poverty (International Day for the Eradication of Poverty)	British Values
		8. First aid. Bleeding and shock		23.10	Rewards assembly	Relationships
HALF TERM 2	HEALTH AND WELLBEING	1. Review half term 1 & Wellbeing awareness: Self-harm	<ul style="list-style-type: none"> Being kind to others (Diversity and equality) Identity and protected characteristics (Diversity and equality) Choose to succeed (Life in the wider world) 	06.11	Remembrance	Life in the wider world
		2. Wellbeing awareness: Strategies (MH peer educators)		13.11	Anti-bullying week	Staying safe
		3. Wellbeing awareness: Resilience (MH peer educators)		20.11	Men's MHWB (International Men's Day)	Health and wellbeing
		4. Health Education: Personal hygiene		27.11	Anti-consumerism (Buy Nothing Day)	Life in the wider world
		5. Health Education: Healthy living		04.12	Human Rights (Human Rights Day)	British Values
		6. Health Education: Alcohol and media		11.12	Rewards assembly	Relationships
		7. Health Education: Vaping, risk & drugs		18.12	Celebrating Christmas assembly	Diversity and equality
HALF TERM 3	CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 2 & Anti-bullying: Stereotypes	<ul style="list-style-type: none"> Happiness (Health and wellbeing) What makes a good leader? (Life in the wider world) Commitment (Relationships) The importance of democracy (British Values) 	08.01	Be the best you can be – school values	Relationships
		2. Anti-bullying: Sexual bullying		15.01	I have a dream (Martin Luther King Day)	Diversity and equality
		3. Anti-bullying: Impact of bullying		22.01	Holocaust memorial (Holocaust Memorial Day)	Diversity and equality
		4. Tackling racism: Is it racist?		29.01	Religious differences (World Interfaith Harmony Week)	Diversity and equality
		5. Tackling racism: The media		05.02	Careers (National Apprenticeship Week)	Life in the wider world
		6. Diversity & protected characteristics		12.02	Rewards assembly	Relationships
HALF TERM 4	BRITISH VALUES	1. Review half term 3 & Politics: Democracy	<ul style="list-style-type: none"> Predicting your future (Life in the wider world) Empowered by education (Life in the wider world) Equality for all-Equality Act (Diversity and equality) 	26.02	LGBTQ+ (LGBTQ+ History Month)	British Values
		2. Politics: The role of the Government		04.03	World Book Day	Life in the wider world
		3. Law and justice: ASB		11.03	DigitALL (International Women's Day)	Health and wellbeing
		4. Law and justice: RJ		18.03	What makes you happy? (International Day of Happiness)	Health and wellbeing
		5. Human Rights		25.03	Respecting Faiths (Easter & Ramadan) Virtual rewards assembly	Diversity and equality Relationships
HALF TERM 5	LIFE IN THE WIDER WORLD	1. Review half term 4 & CIA: Branding	<ul style="list-style-type: none"> Online safety (Staying safe) Managing stress (Health and wellbeing) One planet – our planet (Life in the wider world) 	15.04	Be the best you can be – school values	Relationships
		2. CIAG: Tees Valley jobs		22.04	Looking after our planet (Earth Day)	Life in the wider world
		3. Financial Education: Consumerism		29.04		
		4. Financial Education: Targeted advertising		06.05		
		5. Role of the media: Fake news		13.05	Families (International Day of Families)	Relationships
		6. Role of the media: 'Insta-lies'		20.05	Rewards assembly	Relationships
HALF TERM 6	RELATIONSHIPS	1. Review half term 5 & RSE: Family unit and marriage	<ul style="list-style-type: none"> Radicalisation (British Values) Healthy relationships (Relationships) Role of the media (Life in the wider world) Stereotypes (Diversity and equality) 	03.06	CELEBRATING DIVERSITY MONTH – To include World Refugee Day, Pride Month	Diversity and equality
		2. RSE: Gender expectations		10.06		Relationships
		3. RSE: Gender stereotypes		17.06		British Values
		4. RSE: Domestic Abuse		24.06		Life in the wider world
		5. RSE: Harmful sexual behaviours		01.07		
		6. RSE: STIs		08.07		
		7. End of term activity		15.07	End of term rewards assembly	Relationships