

YEAR 9 PERSONAL DEVELOPMENT

	THEME	PSHE LESSON CONTENT	FORM TIME LINK-TUTOR TALK	ASSEMBLIES		
				Date	Focus	Theme
HALF TERM 1	RELATIONSHIPS	1. N/a	<ul style="list-style-type: none"> Being part of a community (Relationships) Making a difference (Life in the wider world) What are British Values? (British Values) Healthy body and mind (Health & wellbeing) 	04.09	New beginnings – school values	Relationships
		2. BROOK: Healthy relationships		11.09	Behaviour and rewards introduction	Relationships
		3. Online sexual harassment		18.09	Choose to succeed	Life in the wider world
		4. Reporting harassment & support to victims		26.09	Hidden disabilities (International Day of Sign Language)	Diversity and equality
		5. Inappropriate behaviours & unhealthy relationships		02.10	Black History Month	Diversity and equality
		6. Domestic abuse		09.10	World Mental Health Day	Health and wellbeing
		7. Sexual health*		16.10	Poverty (International Day for the Eradication of Poverty)	British Values
		8. Contraception*		23.10	Rewards assembly	Relationships
HALF TERM 2	STAYING SAFE	1. Review half term 1 & Online safety: Exploited	<ul style="list-style-type: none"> Being kind to others (Diversity and equality) Identity and protected characteristics (Diversity and equality) Choose to succeed (Life in the wider world) 	06.11	Remembrance	Life in the wider world
		2. Online safety: Exploited		13.11	Anti-bullying week	Staying safe
		3. Online safety: FOMO		20.11	Men's MHWB (International Men's Day)	Health and wellbeing
		4. Online safety: Gambling		27.11	Anti-consumerism (Buy Nothing Day)	Life in the wider world
		5. Knife crime		04.12	Human Rights (Human Rights Day)	British Values
		6. First aid: Chest pains		11.12	Rewards assembly	Relationships
		7. First aid: CPR/AED		18.12	Celebrating Christmas assembly	Diversity and equality
HALF TERM 3	LIFE IN THE WIDER WORLD	1. Review half term 2 & CIAG: RPA	<ul style="list-style-type: none"> Happiness (Health and wellbeing) What makes a good leader? (Life in the wider world) Commitment (Relationships) The importance of democracy (British Values) 	08.01	Be the best you can be – school values	Relationships
		2. CIAG: Options launch		15.01	I have a dream (Martin Luther King Day)	Diversity and equality
		3. CIAG: Options booklet		22.01	Holocaust memorial (Holocaust Memorial Day)	Diversity and equality
		4. CIAG: Apprenticeships		29.01	Religious differences (World Interfaith Harmony Week)	Diversity and equality
		5. CIAG: Post 16 options		05.02	Careers (National Apprenticeship Week)	Life in the wider world
		6. Financial Education: Money safety & MHWB		12.02	Rewards assembly	Relationships
HALF TERM 4	HEALTH AND WELLBEING	1. Review half term 3 & Wellbeing: Eating disorders (MH peer educators)	<ul style="list-style-type: none"> Predicting your future (Life in the wider world) Empowered by education (Life in the wider world) Equality for all-Equality Act (Diversity and equality) 	26.02	LGBTQ+ (LGBTQ+ History Month)	British Values
		2. Wellbeing: Resilience/strategies (MH peer educators)		04.03	World Book Day	Life in the wider world
		3. Health Education: Alcohol		11.03	DigitALL (International Women's Day)	Health and wellbeing
		4. Health Education: Legal/illegal highs		18.03	What makes you happy? (International Day of Happiness)	Health and wellbeing
		5. Health Education: Smoking		25.03	Respecting Faiths (Easter & Ramadan) Virtual rewards assembly	Diversity and equality Relationships
HALF TERM 5	BRITISH VALUES	1. Review half term 4 & Politics: Why vote?	<ul style="list-style-type: none"> Online safety (Staying safe) Managing stress (Health and wellbeing) One planet – our planet (Life in the wider world) 	15.04	Be the best you can be – school values	Relationships
		2. Understanding and challenging discrimination		22.04	Looking after our planet (Earth Day)	Life in the wider world
		3. Extremism		29.04		
		4. Extremism		06.05		
		5. What is meant by individual liberty?		13.05	Families (International Day of Families)	Relationships
		6. Tackling racism		20.05	Rewards assembly	Relationships
HALF TERM 6	CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 5 & Tackling racism	<ul style="list-style-type: none"> Radicalisation (British Values) Healthy relationships (Relationships) Role of the media (Life in the wider world) Stereotypes (Diversity and equality) 	03.06	CELEBRATING DIVERSITY MONTH – To include World Refugee Day, Pride Month	Diversity and equality
		2. Being the same, yet different		10.06		Relationships
		3. Seeking refuge and asylum		17.06		British Values
		4. Equality Act		24.06		Life in the wider world
		5. Seeking refuge and asylum		01.07		
		6. Human Rights Act		08.07		
		7. End of term activity		15.07	End of term rewards assembly	Relationships