

THE EGG

September 2023

HEAD TEACHER WELCOME

Welcome to our first newsletter of the 2023/24 academic year. For our new families joining us in Year 7 and Year 12, welcome to the Egglescliffe School community. You will receive The Egg newsletter at least once a month which will update you on events taking place, share the successes of our amazing students and highlight key pastoral advice we aim to share with parents, carers and students.

First of all, I would like to congratulate our students from Year 7 to Year 13 who have started the year with such enthusiasm, focus and determination to 'Be the best they can'. In lessons it is an absolute delight to see how students have settled back into routines and are keen to learn across all subjects. Many of our students have also embraced our new enrichment programme which now runs during lunchtime, as well as before and after school. It really is quite remarkable to see just how many students are taking up these wide and varied opportunities including our Year 11 students who are attending additional revision classes in their own time. You can read more about the breadth of offer later in the newsletter.

So far this term we have held events for Year 7,11 and 12 parents/carers with a Year 10 being the focus next week. We have also held our exceptionally popular Year 6 Open Evening and it was wonderful to meet the younger siblings of our current students who are keen to follow in their older brother/sister's footsteps. One of the changes we have seen this year is a new rewards programme and the launch of the much coveted Golden Ticket. These are awarded to students in lessons by senior staff for outstanding work and they are fast becoming this year's must have item!

I do hope you enjoy reading this newsletter and finding out just a little snippet of what makes this school so special.

Mrs Oyston

WANT TO JOIN OUR AMAZING TEAM?

Pastoral Manager

- *Required as soon as possible*
- *Term time only + 5 days, temporary*
- *Scale SCP19-22*
- *Closing date for application: 4th October 9am*

Teaching Assistant- level 2

- *Required as soon as possible*
- *Term time only + 5 days, permanent.*
- *Scale 7-8*
- *Closing date for application: 4th October 9am*

For more information visit:

www.egglescliffe.org.uk/join-our-team/

Egglescliffe is an equal opportunities employer, committed to safeguarding and promoting the welfare of children.

Enhanced DBS will be required

DATES FOR YOUR DIARY

5 th October	Introduction to Year 10 evening 6.00pm
11 th /12 th October	Year 7 settling in tutor meetings (appointments)
11 th /12 th October	Year 10 settling in tutor meetings (appointments)
25 th October	Y13 Autumn academic assessments sent home
27 th October	End of half term
6 th November	Start of term 8.45am
7 th November	Year 7 Autumn term settling in information sent home
13 th November	Year 9 Autumn term academic assessments sent home
18 th November	Year 13 subject teacher evening 3.30pm-7.00pm

AMAZING STUDENTS DOING AMAZING THINGS



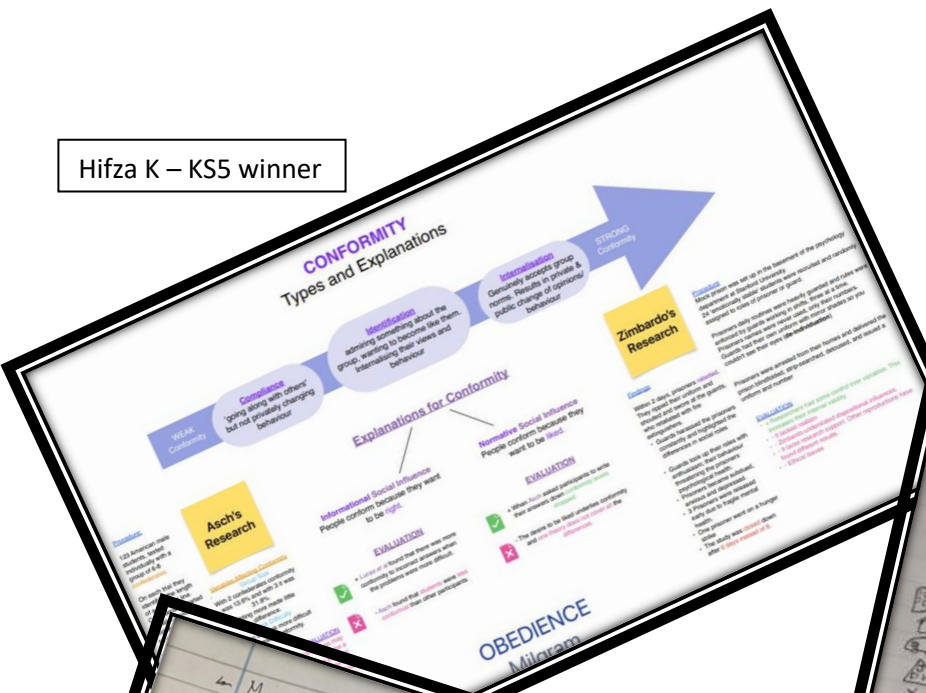
EGGLESCLIFFE CHOOSE TO SUCCEED DAY

On Wednesday 27th September, we held our first whole-school Choose to Succeed day of the new academic year. In lessons across the school day and within each curriculum area, students were given the opportunity to practise a revision strategy. Teachers nominated the best pieces of work, and all nominated students received a golden ticket and a letter to parents/carers. The winners for each key stage (see below) received a special reward in the form of a shopping voucher.

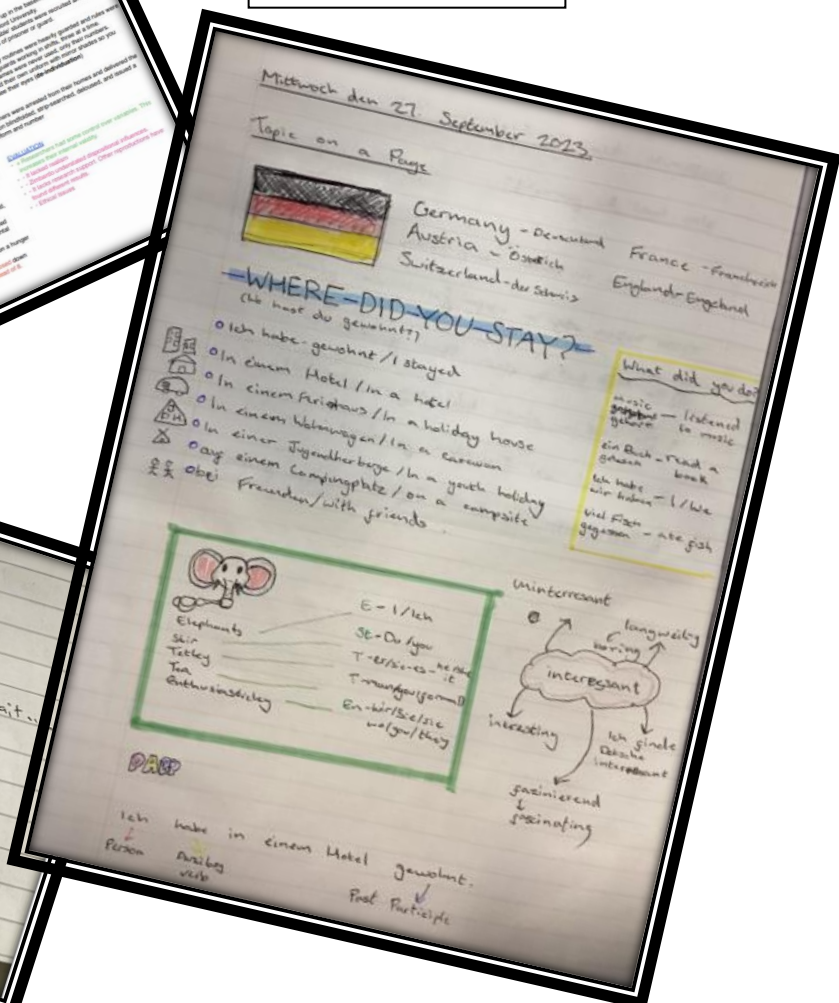
The Choose to Succeed strategy support students in every year group in the development of good study habits. Please visit the website for more information:

[Choose to Succeed \(egglescliffe.org.uk\)](http://Choose to Succeed (egglescliffe.org.uk))

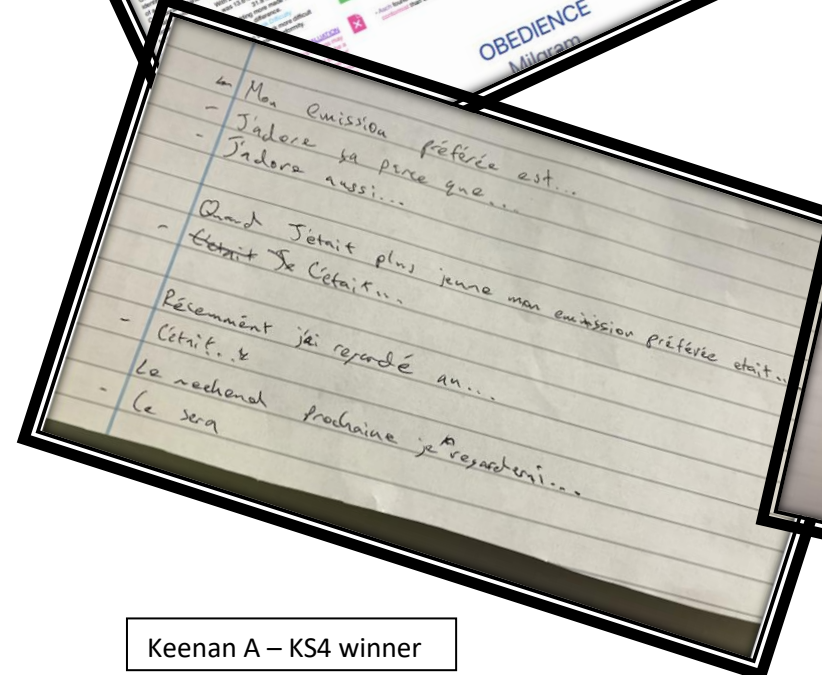
Hifza K – KS5 winner



Molly G – KS3 winner



Keenan A – KS4 winner



AMAZING STUDENTS DOING AMAZING THINGS

Even by his own extraordinary standards Daniel has had an amazing summer. At the end of summer term, he undertook his Diploma of the Royal Schools of Music on the Oboe. If you have ever wondered what students can do once they have passed all the grades up to and including Grade 8, the answer is the ARSM diploma. This is a professional level qualification and allows Daniel to now have letters after his name to reflect that he is now an 'Associate of the Royal Schools of Music'! Unsurprisingly, to those that know him, Daniel not only passed, but passed with distinction.

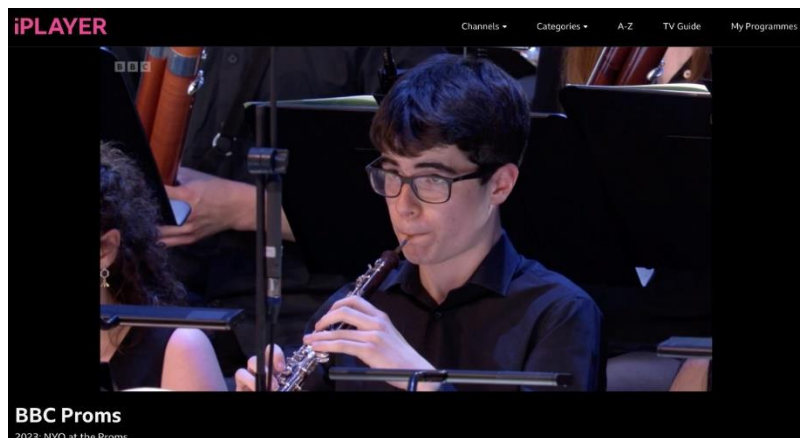
Dan then spent a chunk of his summer with the National Youth Orchestra. Daniel has been a member of NYO for a couple of years now but this summer was working towards an amazing set at the Royal Albert Hall as a part of the BBC Proms.

The whole performance was televised, and is still available on iPlayer (just google NYO proms 2023). After a first half of superb orchestral playing, the orchestra then put their instruments down and surprised and delighted the audience by joined word renowned Soprano soloist Masabane Cecilia Rangwanasha in an a cappella (purely sung) harmony arrangement of 'He's got the whole world in his hands' inspired by the traditional sounds of African singing. As a longstanding and outstanding member of our senior choir Daniel will have enjoyed this musical diversification!

After a second half that featured Aaron Copland's Symphony 3 (that includes the infamous Fanfare for the Common Man) the orchestra had another surprise in store playing the Jazz standard Sing Sing Sing to close the show! There was much excitement, including dancing and choreography on stage!

Daniel has already reauditioned for NYO for this coming year, and will shortly be auditioning at the top conservatoires in the UK. A huge thank you to our amazing Oboe teacher Mr Cull who has guided Daniel with such expertise throughout his time at Eggescliffe. Mr Cull has produced a number of top professional oboists at Eggescliffe, including Rosie Jenkins (nee Hillier, daughter of our former head of Geography Sarah Hillier) who potentially could end up teaching Daniel in London should he choose to attend the Royal College of Music as she is a professor there, and is a member of the country's top orchestra the London Symphony Orchestra.

Daniel is as modest and self-effacing a young man as you could ever hope to meet. However, his achievements at Eggescliffe rival those of any of our former musicians, many of whom have gone on to achieve great things in the professional world. I'm sure you will join us in wishing Daniel great success with his conservatoire auditions and his musical life post-Eggescliffe.



AMAZING STUDENTS DOING AMAZING THINGS

SENIOR CHOIR PERFORMS AT ELY CATHEDRAL

Members of our senior choir travelled to Ely to spend a week working with professional musicians on a performance of Elgar's epic work *The Dream of Gerontius*. This was music making of the highest level. The final performance required a massed choir of 150, a semi-chorus of approx. 30 professional singers, 3 internationally renowned vocal soloists and a full orchestra. The course was held at New Hall Boarding School, which is one of the few buildings left in the country which is even more impressive than our new build at Eggescliffe. The final concert at Ely Cathedral was sold out and was an incredible musical experience for all involved.

A number of our choir members then travelled onto London, joining many ex-Eggescliffe students, in a recording of the same work and a further performance in London. The recording will be released soon and is already tipped to win awards - we will be sure to let you know how you can listen to it!

It was wonderful that three students from Huntcliff School in Saltburn were able to join the choir, just two years after Mr Haworth started working with them as a part of our academy trust. Another lovely dimension was that the female soloist was Anna Stephanie, who has had an extraordinarily successful career having grown up in Guisborough.

We had some young singers with us, who coped incredibly well with the challenging music and intensity of the week. Thankfully the music making was considerably more successful than the inter-choir rounders game which had to be abandoned after considerable cheating (and subsequent arguing) from both sides.

A huge thank you from the choir to world renowned conductor Mr Paul McCreesh who runs the Gabrieli Roar choral programme and is a very good friend of Eggescliffe Music. An even bigger thank you to Science colleague Mr Longfield, who drove one of the two minibuses and gave up the first week of his summer holidays to ensure the whole visit could go ahead - Mr Longfield is now an honorary member of Eggescliffe Music and in the words of the students 'a total legend'.



ENRICHMENT AT EGGLESCLIFFE – A NEW ERA

This term, Enrichment at Eggescliffe has had a revamp with a host of new initiatives that our students can benefit from – whether they are starting their journey at the school in year 7, or about to enter the world of university, work and beyond in year 13. Enrichment at Eggescliffe has always taken pride of place, but has benefited this year from a number of new additions.

YEAR 7 TO 11 – LUNCHTIME ENRICHMENT

In addition to our previous offerings, in 2023-24 Eggescliffe is now offering *lunchtime enrichment*, running from 12.45 until 1.15 every lunchtime. This Autumn term has seen the arrival of new sessions such as Taskmaster, Eco-club, Psychology club, Homework club, and CAD to name just a handful. This gives students the opportunity to go beyond the curriculum, and take part in activities that will further them as learners, citizens, and all-round amazing human beings! So far, early feedback from students has been positive, with students making the most of the new opportunities on offer.

YEAR 11 INTERVENTION

Additionally, many of our amazing departments are offering intervention sessions for our Year 11s, starting their crucial GCSE year on an excellent footing. Attendance at these sessions has already been phenomenal – keep it up Year 11!

THE YEAR 7 ENRICHMENT MARKETPLACE

Last week (18th September) all of year 7 got the opportunity to participate in the *Year 7 Enrichment Marketplace* during PHSE. With older students manning the stalls, Year 7 were able to ask all their burning questions about enrichment, each student making a pledge to attend at least one session per week going forward. There was a noticeable positive environment in the room the whole hour – well done Year 7, and enjoy your sessions!

SIXTH FORM ENRICHMENT

Do not be concerned – there is plenty on offer for our wonderful sixth form students also. In addition to the Year 12 Wednesday afternoon programme, Year 12 and 13 are now able to attend *sixth form lunchtime enrichment* sessions running every day. There is plenty of choice on offer, including student-led activities such as Eggescliffe Student Union and its various committees; Christian Union, FemSoc and BAME Soc; as well as taught offerings such as fortnightly sessions for the Extended Project Qualification. The programme is still developing, with new activities being pitched regularly – we cannot wait to see how the programme develops....

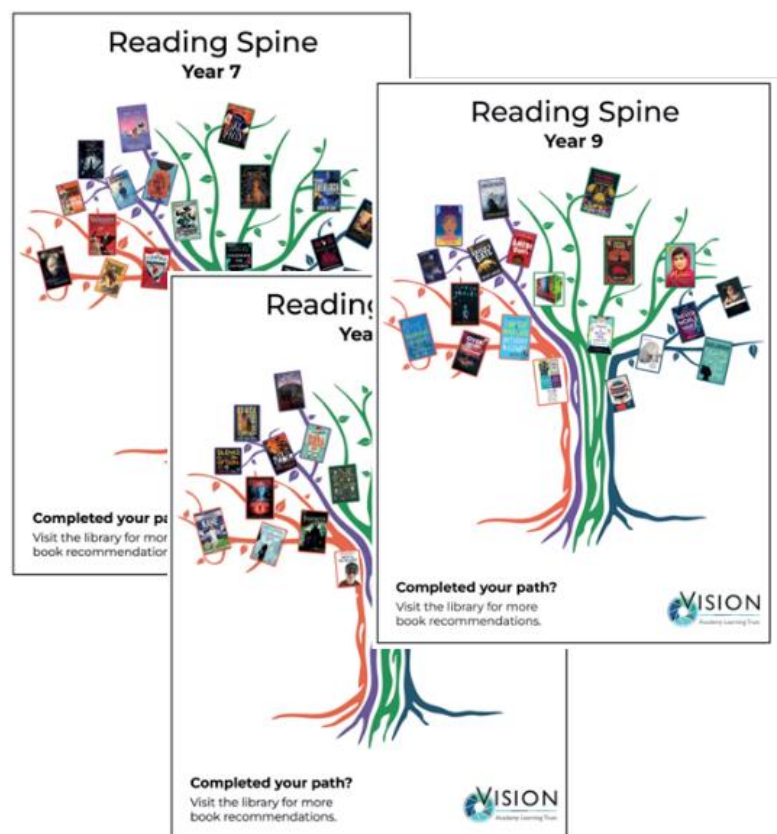
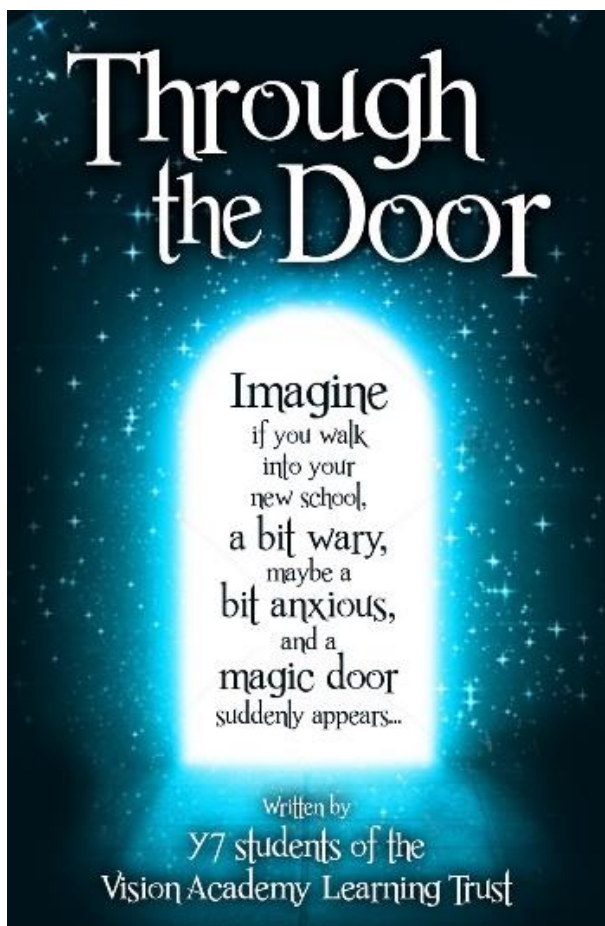
The Autumn Term timetable is live on the Enrichment section of the website, and will be updated throughout the term, and the academic year. Click [here](#) to see the details.

EGGLESCLIFFE NEWS

SEPTEMBER LITERACY EVENTS - ENRICHING LIVES THROUGH READING

This week year 8 and 9 students have been visiting the library to collect their spine reading books. Year 7 will be completing their library inductions and getting their spine reading books in the coming weeks. Students will have the opportunity to read their spine books during registration and will be awarded reading house points for any independent or lesson-based reading they do around school.

Students have been fortunate enough to start work on a project alongside a publisher in order to create a collection of short Christmas stories. The Christmas stories will go through the full editorial process and will be published into a purchasable anthology. The anthology will be on sale on Amazon and at the Christmas PTA fundraiser. This follows in the footsteps of the successful publication of 'Through the Door' last academic year, which is also available to buy on Amazon.



EGGLESCLIFFE NEWS

PASTORAL SUPPORT, ADVICE & GUIDANCE

Choose health

Know what affects your child, what makes them grumpy, hyper, disconnected...

Do they need snacks throughout the day?
Do they need lots of sleep?
Do they need to get out and about and do exercise?
Do they need time alone?

Trust that you know your child and give them the basics that they need to cope with difficult days

Work together

Share ideas about how to:

- create action plans
- have a problem-solving approach
- enjoy achievements
- be forward-looking
- show them that we can all get things wrong

Move on up

Encourage Independence:

- help them to move positively from child identity towards teen identity
- increase their responsibilities
- be positive whenever they act maturely

Be aware of your child's changing needs. Sometimes it might feel like one step forwards, two steps back.

Be calm

Try to stay calm whilst your child is feeling distressed. Your child may show:

- highs and lows
- blame
- melodrama
- self-centredness
- anger

Communicate

The small things you do make all the difference:

Keep talking, texting, listening, hearing, hugging, sympathising, smiling, reassuring, checking, sharing, suggesting, encouraging, respecting

Get learning

Be involved, find out more and talk about:

- social media
- internet benefits and dangers
- new music
- language and slang
- current affairs
- what it's like to be young in the current world

Be wise

As they discover new things, try to:

- be interested
- be non-judgemental
- guide
- give boundaries
- see it from all sides
- listen to their point of view
- choose your words carefully
- act on warning bells

Be the anchor

In times of change you are:

- constant
- family
- familiar
- routine
- in-jokers
- irritating
- comforting
- home

Have fun

Provide lots of light relief:

- be silly
- be embarrassing
- play games
- laugh together
- do stuff together
- make jokes
- make things
- be outside

Look after yourself

Support yourself, to best support your child:

- lean on friends
- offload on other family
- find 'me time'
- see the GP
- relax, exercise, sleep well, eat well
- remember tomorrow is a new day

Ten Ways for parents to help children cope with change



YM Parents Helpline
0808 802 5544
youngminds.org.uk
Mon-Fri 9.30am-4pm



ASDA foundation
Regeneration Communities Improving Lives

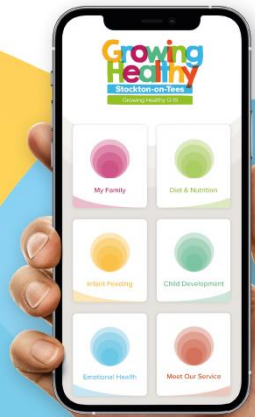


Find Your Feet
YOUNGMINDS
stepping up, moving up, growing up



NHS

Download the NEW
Growing Healthy
Stockton-on-Tees 0-19 App



NEW

Scan the QR code or search for 'Children's Health Service HDT App'
www.hdtchildrenshealthservice.co.uk




PASTORAL SUPPORT, ADVICE & GUIDANCE

WHAT'S ON IN PSHE THIS HALF TERM?

Our PSHE curriculum ensures that our students are well prepared to be active citizens in modern Britain. The focus over the next few weeks is:

- **Year 7** – Relationships – healthy and unhealthy relationships, managing conflict, consent, pressure and influence
- **Year 8** – Staying Safe – Online safety, county lines, First aid
- **Year 9** – Relationships -healthy relationships, harassment, domestic abuse, sexual health and contraception
- **Year 10** – Relationships – sexual health, healthy relationships, contraception and STIs, consent and gender identity.
- **Year 11** – Life in the wider world – Career pathways, employability study skills, dealing with exam pressure (to support with mock exams), taxation and payslips
- **Year 12** – Living in the wider world -personal finances, employment rights, online footprint
- **Year 13** – Living in the wider world – UCAS applications, preparation for recruitment

Information for parents/carers

- **CAFCASS** represent the interests of children and young people in the family court their website offers support resources for parents, carers, families and young people <https://www.cafcass.gov.uk/about-us>
- **Important Online Safety Advice for Parents and Professionals** - Ineqe and Safer Schools have identified concerns about a peer support app, Vent, that could be reinforcing harmful behaviour. Read more here : [Safeguarding Update – Vent - Ineqe Safeguarding Group](#). They have also been made aware of an anonymous chat website used by children and young people called Emerald Chat. This markets itself as the new Omegle, another dangerous platform that encourages users to talk to strangers, containing harmful and age inappropriate content, including highly sexual imagery and language. [Click here](#) to read the update on Emerald Chat.
- **PREVENT** - Advice for parents and carers leaflet : [Protecting your child from extremism and radicalisation](#)
- **Online Safety Bill** - The NSPCC has published an article on the passing of the Online Safety Bill through Parliament. The legislation will require technology companies to ensure their websites are safe for children and protect them from sexual abuse and harmful material. The story contains an outline of the Bill, a statement from Peter Wanless, CEO of the NSPCC, and statements from campaigners.
Read the news story: [The Online Safety Bill has been passed in "a momentous day for children"](#)
Read the government press release: [Britain makes internet safer, as Online Safety Bill finished and ready to become law](#)

KEEPING CHILDREN SAFE ONLINE

Some useful information for parents/carers relating to internet safety:

- Qustodio is a parental control tool that parents/carers can subscribe to, currently starting at £40 per year. This includes web filtering, daily time limits, games and app blocking.
<https://www.qustodio.com/en/>
- Safer Internet also have further advice on how to set up filter systems on home internet for each internet provider.
<https://saferinternet.org.uk/guide-and-resource/parental-controls-offered-by-your-home-internet-provider>
- Also, you can report to the Childline [Report Remove Tool](#) to remove sexual images from the internet.



The Big Ambition is a national survey of children and young people across England, to find out what they think is important!

In the lead up to the next General Election, the Children's Commissioner wants to take children's thoughts, opinions and ideas to decision-makers, to make sure that the Government hears young people's voices on what they think needs to be done to make children's lives better in England.

The Big Ambition survey will be open until **Friday 15 December**.

Click [here](#), or scan the QR code to complete the survey by Friday 15th December and make your voice heard!



EGGLESCLIFFE NEWS

NATIONAL SATURDAY CLUB – THE NORTHERN SCHOOL OF ART

The Northern School of Art in Middlesbrough is a partner of the **National Saturday Club** network and will for the first time, be running a free Film & Screen Saturday Club this academic year for **13-16 year-olds** in your local community. The programme provides a unique opportunity for young people to build their skills, discover their talents, and find out more about further study and future careers.

For more information, visit [The Northern School of Art - National Saturday Club \(saturnday-club.org\)](https://saturnday-club.org). If you want to find out more about the National Saturday Club, visit [National Saturday Club - Explore exciting subjects on Saturday mornings for free \(saturnday-club.org\)](https://saturnday-club.org).



New Dates Available for
September – December 2023!

Tees, Esk and Wear Valleys
NHS Foundation Trust

Training

CAMHS Training Programme for Parents & Carers

The workshops are delivered live via Microsoft teams and **free of charge** for all parents and carers in Teesside (child does not need to be open to CAMHS)

Available sessions include:

- Understanding Anxiety
- Understanding Emotional Wellbeing
- Understanding Eating Disorders
- Typical Vs Atypical Sexual Development & Risk
- Understanding Self-harm
- Understanding ASD
- Understanding ADHD
- Understanding Sleep

Visit our webpage www.TEWW.nhs.uk/CAMHSTraining for dates and details of all training we provide

To access the CAMHS parents and carers workshops, please contact: TEWV.CAMHS-Training@nhs.net And provide the following information:

- Which workshop(s) and date you would like to access
- Which locality you live
- Your name
- Email address
- The school(s) your child(ren) attend
- Age(s) of your child(ren)

Scan me

FOCUS ON.....VAPING



- Vapes, also known as e-cigarettes, are **electronic devices**. People use them to inhale nicotine in the form of an **aerosol**. Nicotine vapes can help adult smokers to stop smoking. It is illegal in the UK to sell nicotine vaping products to anyone under the age of 18 or for adults to buy them on behalf of under-18s.
- Nicotine is a stimulant. It can cause blood pressure, breathing speed and heart rate to increase. New nicotine users can also experience dizziness, nausea and stomach cramps.
- The legal age for access to nicotine vapes is 18 due to the risks and the impact, particularly on younger people.
- It took many years before we understood the devastating health harms of tobacco smoking, and over that time tobacco products were heavily promoted to consumers by the tobacco industry. Experts are clear that vaping is much less harmful than smoking, but that it is not without risk. It isn't yet possible to know what health harms might emerge in the future from vaping. That's why vaping is only recommended for adults as a way to quit smoking.
- There are a wide range of reasons why young people might choose to vape, including to look cool, to help with stress, it's social, wanting to fit in, like the taste (enjoyable), seen on social media e.g. TikTok, wanting to stop smoking, advertising, wanting to try something new, boredom and addiction.
- Nicotine can increase levels of stress and anxiety, and also affect the ability to concentrate – it can have a knock-on impact on mental health.
- Financial impact (it's expensive).
- The long-term impact of vaping on health is not yet known. Vaping is much less harmful than smoking as you don't inhale the toxic tar and carbon monoxide you get from tobacco smoke but vapes aren't harmless and the health impacts aren't fully known yet.
- Sharing a vape with someone else carries the risk of picking up diseases.
- Toxins are released into the lungs which could be harmful. The period while the lungs are growing is important. We know smoking from an early age is especially damaging – the lungs don't develop as they should, so lung function never reaches the peak it should have. Although the effects of vaping will be lower than smoking, those effects will still be more marked in teenagers.
- Environmental impact – both vapes and disposable vapes can be recycled, but often they end up in landfill and incorrect disposal can potentially release hazardous chemical waste.
- Addiction – nicotine is an addictive substance that can be hard to stop using once you've started.

CULTURE OF VIGILANCE AT EGGLESCLIFFE

CONCERNED? NEED TO TALK?

Head of House

Teaching Staff

Form Tutor

Support Staff

Safeguarding leads

Trusted Adult

ALL OF THESE PEOPLE ARE HERE TO HELP YOU

Our safeguarding team:

						
Mrs Hardy Designated Safeguarding Lead	Dr Lear Deputy Designated Safeguarding Lead	Mr Morrison Deputy Designated Safeguarding Lead	Mrs Aitchison Deputy Designated Safeguarding Lead	Mrs Hewitt Deputy Designated Safeguarding Lead	Miss Granycome Deputy Designated Safeguarding Lead	Miss Crook Deputy Designated Sixth Form Safeguarding Lead

Culture of Vigilance
Keeping Children Safe

Vision Academy Learning Trust operates a robust safeguarding policy in order to provide a safe and secure environment for all our staff, pupils and visitors.

EGGLESCLIFFE SCHOOL
AND SIXTH FORM COLLEGE

A MEMBER OF
VISION
Academy Learning Trust

ES-WNTT_Sept-2023

SAFE SPACE REPORTING

As discussed in previous assemblies and PSHE lessons, students have the opportunity to inform staff of something in a discrete manner by completing our SafeSpace report. Please see the link: [SafeSpace Reporting \(egglescliffe.org.uk\)](https://egglescliffe.org.uk)