

Year 11 How To Revise Evening

**Tuesday 19th September 6pm – Eggescliffe
School Main Hall**



This session will cover:

- **How to 'Choose to Succeed' in Year 11 (Main hall)**
- **Effective revision strategies and techniques from each curriculum area (Sixth form classrooms)**
- **An opportunity for you to speak to Subject leads and Senior staff about any issues/concerns you have with regards to revision/exam preparation (Sixth form classrooms)**
- **Careers fair (local employers and Universities) – a chance to speak to professionals about your child's future plans**

Mr N Gittins
Head of School

Mrs A Gerrard
Assistant Headteacher

SUPERB 2023 GCSE RESULTS ACHIEVED BY OUR AMAZING STUDENTS

68%

GRADE 5 OR HIGHER
IN ENGLISH AND MATHS

89%

GRADE 4 OR HIGHER
IN ENGLISH AND MATHS

7%

GRADE 9
RESULTS ACHIEVED

30%

GRADE 7 OR HIGHER
RESULTS ACHIEVED

87%

GRADE 4 OR HIGHER
RESULTS ACHIEVED

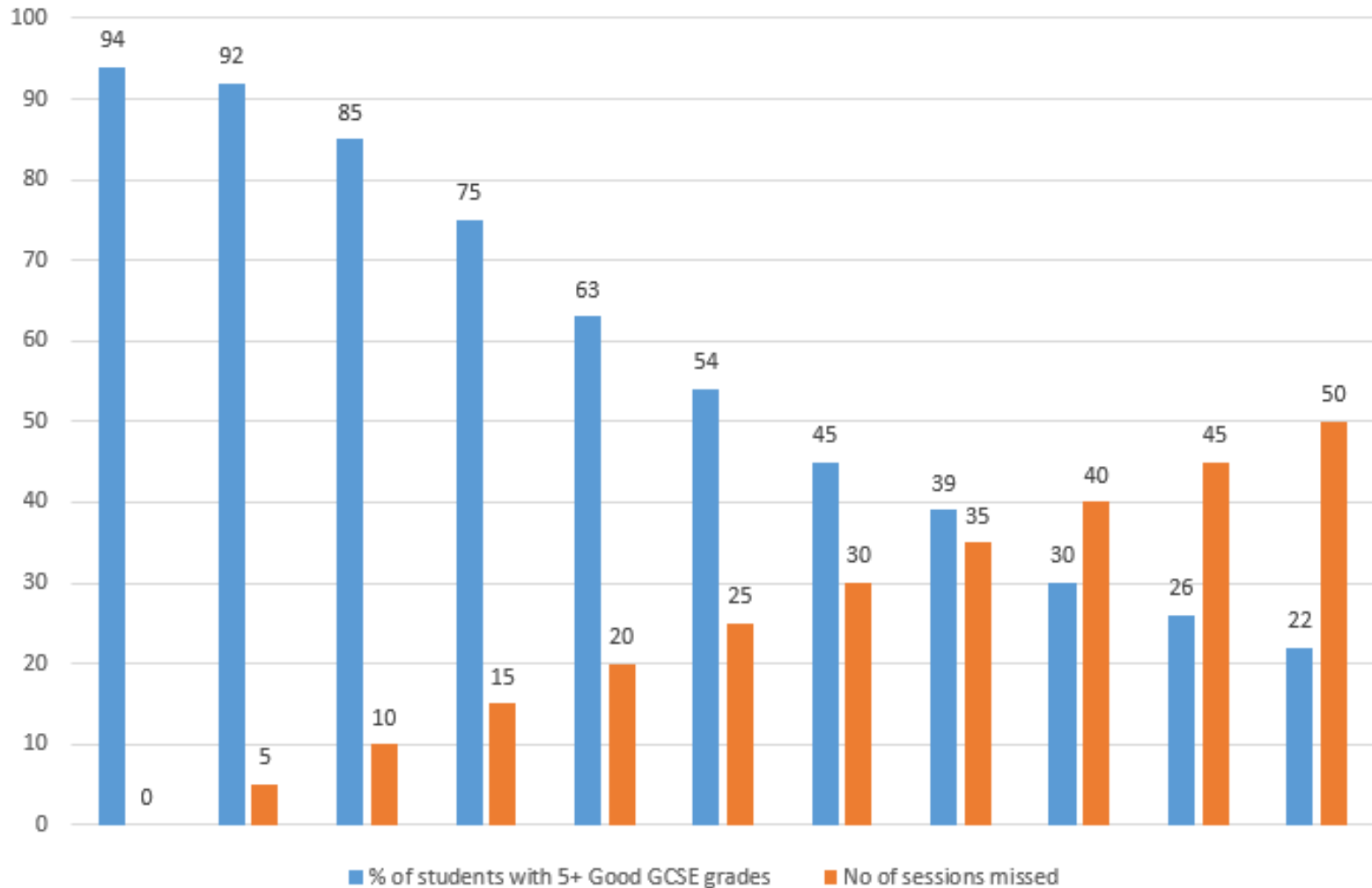
Countdown to Exams (School days)

1st mock
exams start
9th October
– **12 school**
days

2nd mock
exams start
24th
January –
74 school
days

GCSEs start
15th May –
134 school
days

The relationship between GCSE grades and attendance



Choose to Succeed



- Targeted intervention bespoke to student needs
- Registration & lunchtime timetable designed to support revision and preparation for exams and MHWB
- Subject focus on revision strategies (resources on C2S tab on website)
- Celebrating successes & competitions (Progress Passport)

We will emphasise the importance of:

- Attendance
- Mock exams
- Revision
- Recall in lessons
- Parent/carer support
- Planning/organisation

Y11 Progress Passport



How do I achieve progress stamps?



Golden ticket = 1 stamp

Acts of community service = 1 stamp



Meeting tutor expectations (attendance, punctuality, engagement, uniform) weekly = 1 stamp

Attending and engaging in revision sessions = 1 stamp



Every score of 1 for AtL on report = 1 stamp

Every 'on target' subject on report / mocks = 1 stamp



Importance of Mock Exams

- Mock exams have never been more important
 - Lockdown learning is not as effective as face to face
 - Gaps in knowledge may still exist
 - Excellent preparation for real exams
- Mock exams give teachers an accurate analysis of strengths and weaknesses in every subject
 - Gaps in knowledge can be identified
 - Revision topics can be prioritised
 - Intervention can be planned to close knowledge gaps

Importance of revision

Research indicates that no one revision method is preferred. However:

- All research agrees that students who revise prior learning and start revising early will perform well in exams
- Recalling prior learning has never been so important
- Revision should start **now** for year 11 students
- A minimum of 2 hours per night is suggested
- All homework set is requiring students to recall and review previous learning
- Individual subjects will plan extra sessions to help

Revision / Recall at School

- Teachers have sequenced their subject teaching to maximise the opportunities to revisit and review previous learning while teaching new content
- Students will be continually assessed both formally (mock exams) and informally in the classroom to assess their knowledge and plan to close any gaps in knowledge
- All homework will revisit prior learning and help students to address gaps in knowledge
 - General gaps in knowledge will be addressed with the whole class
 - Students will be supported to address any individual gaps in knowledge

Intervention - LUNCH

Monday: Science, PE & Art

Tuesday: English, French & Art

Wednesday: Drama & Art

Thursday: Maths, German, History & Art

Friday: Media, Geography & Art





Wellbeing

During the examination season and whilst preparing for exams, students may encounter periods of stress times and therefore it is also important to ensure we focus on our own wellbeing... if we don't, we risk burning out.

Top Tips

Tips for a good night's sleep:

- Switch off all devices at least half an hour before bed.
- If you need to use your phone – ensure that the blue screen is disabled. Blue screen emulates daylight and tricks our bodies into thinking we are awake.
- Reading – not only does this help improve your literacy but it also helps to relax the mind before sleep. Twenty minutes per night will have a clear impact on both!
 - Avoid caffeine as this is a stimulus.
 - No sugary drinks/sweets three hours before bed.
 - Avoid eating tea after 8pm. This will give your body enough time to digest food before preparing for sleep.

Importance of exercise

Increasing your movement, particularly during stressful times, can have some fantastic benefits on both your physical and your mental health. Exercise releases endorphins which boosts your mood. It is also a fantastic stress relief – high intensity exercise can help to shift any stress you are feeling both mentally and physically. Alternatively, just going for a walk and getting fresh air can help to refocus your mind and refresh you.

Tips for exercise during exams:

- Take a half an hour walk with a friend in between revision sessions.
- Try a HIIT workout from youtube.
- Walk instead of taking public transport/driving when possible and safe.

Wellbeing support in school

- High level of pastoral support
- School mentors
- School counsellor
- External agencies
- Careers advisor
- Transition support to post 16 studies
- Extra-curricular provision
- Working alongside parents/carers
- Digital wellbeing services e.g. Kooth.com
- Academic Support Assistants

How can parents/carers make a difference?

- You do not have to be an expert in the various subjects
- You are the expert of your child
- Provide a study space in the home without distractions
- Encourage a balance between study and free time
- Keep them active and healthy
- Encourage good sleeping habits
- Encourage excellent attendance



Top Ten Tips for supporting your child with revision

- 1 Remind your child to 'Be the best they can be'**

Praise effort at school and with homework. Remind your child that their actions will determine their future, encouraging them to stick to their timetable and stay motivated.
- 2 Show a positive interest in school and homework**

Discuss with your child what they have been learning, test them when they ask you, offer to revise with them. This helps them to feel supported through this challenging time.
- 3 Encourage healthy habits**

Eating well, drinking water, getting enough sleep and taking regular exercise all promote a healthy mind and body which is needed for revision and exams. 8-10 hours of sleep can help your child to de-stress and keep everything in perspective
- 4 Create an effective working environment at home**

A quiet, well-lit place to work with no distractions is best for concentration. Whether that's a family study room, the dining room table, or a desk set up in the bedroom, the continuity of working in one space can help channel the revision mindset when at home.

5 Encourage attendance at revision classes

Revision classes take place afterschool in a wide range of subjects. Encourage your child to attend these extra sessions to aid their recall and exam technique.

6 Help them to create a realistic timetable

Encourage your child to use their timetable they have produced in school and balance 'fun stuff' with revision. Remind them that being organised with revision will help to make it manageable and effective.

7 Project manage the revision

With hours of revision time scheduled on their timetable it is important to keep on top of your child's timing. Encourage them to stay motivated with things to look forward to after a period of revision.

8 Remove distractions

Remove mobile phones and other potential distractions whilst your child is revising. If they are using the internet, check regularly to ensure they stay focused.

9 Get support from school when you need it

You are not meant to be the expert so if your child is finding revision challenging, get in touch with their tutor, subject teacher or Head of Year to ask for advice.

10 Be understanding

Revising for exams can be a stressful time for your child and it is vital for you to be respectful of this pressured time. Revision apps and online resources are a great way to get assistance on a whole range of subjects and techniques.

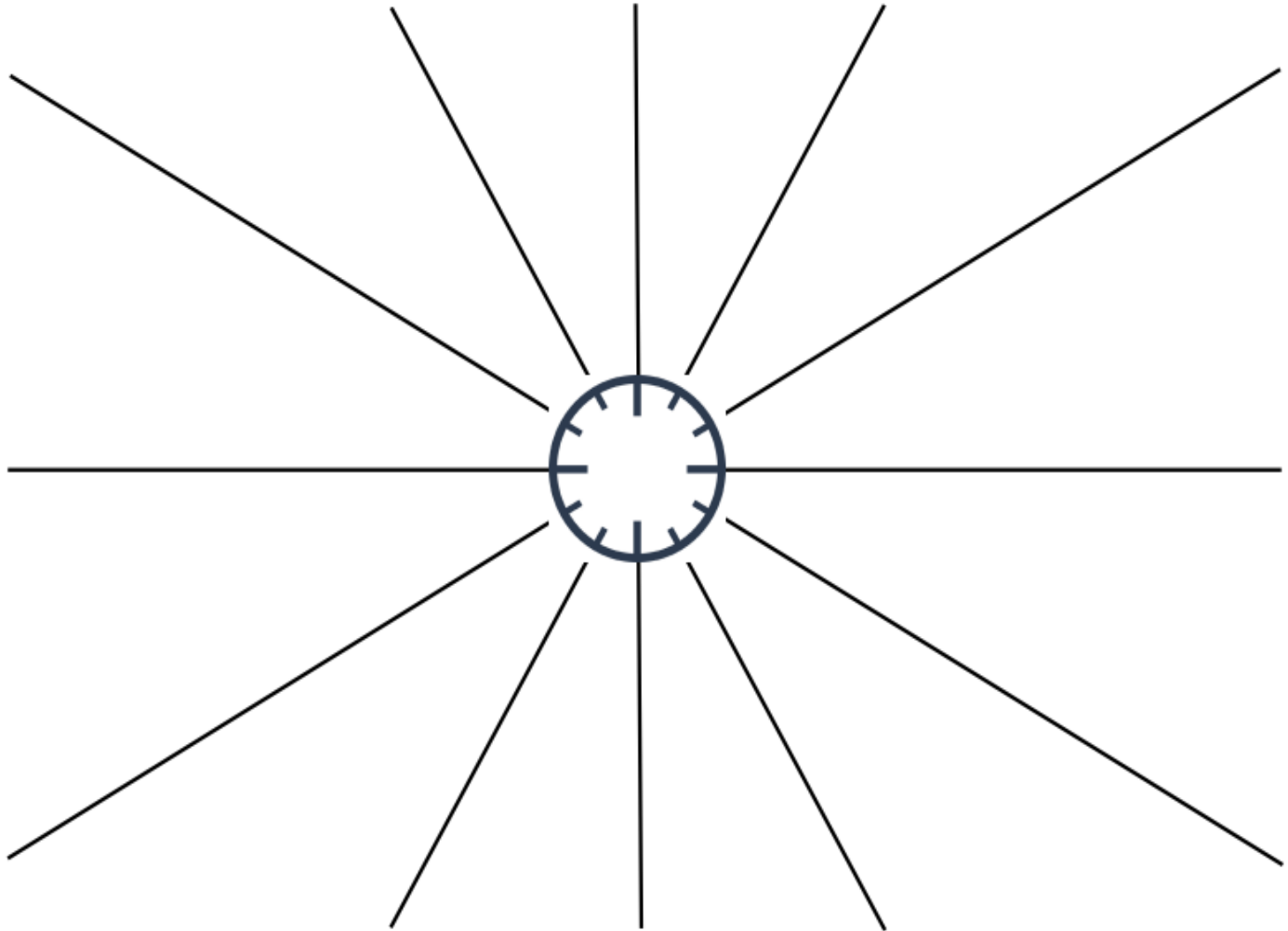
YEAR 11 REVISION COUNTDOWN TIMETABLE

	8 weeks to go Revision		7 weeks to go Revision		6 weeks to go Revision				
Mon 29 th Nov	<ul style="list-style-type: none"> 4.30-5.30 Biology-infection 6.30-7.30 Geography Hazards 	Mon 6 th Dec	<ul style="list-style-type: none"> 4.30-5.30 Biology-ecology 6.30-7.30 Geography Urban challenges 	Mon 13 th Dec	<ul style="list-style-type: none"> 4.30-5.30 Biology-Bioenergetics 6.30-7.30 Maths-Statistics 	Mon 20 th Dec			
Tue 30 th Nov	<ul style="list-style-type: none"> 4.30-5.30 English-Christmas Carol 6.30-7.30 Homework 	Tue 7 th Dec	<ul style="list-style-type: none"> 4.30-5.30 English-Creative writing 6.30-7.30 Homework 	Tue 14 th Dec	<ul style="list-style-type: none"> 4.30-5.30 English-Christmas Carol 6.30-7.30 Homework 	Tue 21 st Dec			
Wed 1 st Dec	<ul style="list-style-type: none"> 4.30-5.30 Maths-Algebra (<i>mathswatch</i>) 6.30-7.30 Chemistry-energy changes 	Wed 8 th Dec	<ul style="list-style-type: none"> 4.30-5.30 Maths-Probability (<i>mathswatch</i>) 6.30-7.30 Chemistry-energy changes 	Wed 15 th Dec	<ul style="list-style-type: none"> 4.30-5.30 Maths-Algebra (<i>mathswatch</i>) 6.30-7.30 German-Healthy living 	Wed 22 nd Dec			
Thur 2 nd Dec	<ul style="list-style-type: none"> English afterschool 4.30-5.30 Homework 7-8pm Training 	Thur 9 th Dec	<ul style="list-style-type: none"> English afterschool 4.30-5.30 Homework 7-8pm Training 	Thur 16 th Dec	<ul style="list-style-type: none"> English afterschool 4.30-5.30 Homework 7-8pm Training 	Thur 23 rd Dec			
Fri 3 rd Dec	<ul style="list-style-type: none"> Geography afterschool 4.30-5.30 Business-Marketing 6.30-7.30 Physics Electricity 	Fri 10 th Dec	<ul style="list-style-type: none"> Geography afterschool 4.30-5.30 Maths-geometry 6.30-7.30 Physics Atomic structures 	Fri 17 th Dec	<ul style="list-style-type: none"> End of term (going to Costa after school) No revision tonight 	Fri 24 th Dec	Family party	Fri 31 st Dec	Day off
Sat 4 th Dec	Day off/ Match	Sat 11 th Dec	Day off	Sat 18 th Dec	<ul style="list-style-type: none"> 11.00-12.00 Homework 12.30-1.30 Geography-Rivers 2.00-3.30 Art coursework 	Sat 25 th Dec	Day off	Sat 1 st Jan	Day off
Sun 5 th Dec	<ul style="list-style-type: none"> 11.00-12.00 Homework 12.30-1.30 German-holidays 2.00-3.30 Art coursework 	Sun 12 th Dec	<ul style="list-style-type: none"> 11.00-12.00 Homework 12.30-1.30 English-Inspector Calls 2.00-3.30 Art coursework 	Sun 19 th Dec	<ul style="list-style-type: none"> Birthday celebrations 	Sun 26 th Dec	Day off	Sun 2 nd Jan	

- Realistic
- Account for commitments and events
- Snacking not bingeing
- Specific (topic not just subject)
- Build in treats/rewards
- Mix up revision strategies.....

1. Revision Clock

- A way of revising by breaking a topic down into 12 sub-categories & making notes in each part of the clock in timed 5-minute intervals



2. Revision Cards

- A summary of key facts/formula – keep them short & simple.
- Could double up – create the same card more than once for difficult-to-remember topics!
- Could be designed with questions or key words on the front & answers or definitions on the back.

3. Mind Mapping

- Good for making connections.
- Produce a mind map for each topic area so there isn't too much on a single map.
- Useful tool to identify gaps. The premise behind mind maps is to write down everything you know – if you have to pause to think about something then that is gap you need to go back & revise further.

4. Topic on a page


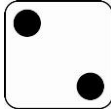




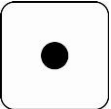
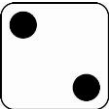



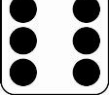
- Condense your notes on one topic onto a page.
- Include diagrams & colour.

5. Revision Games

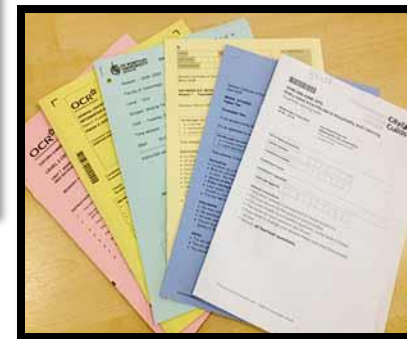
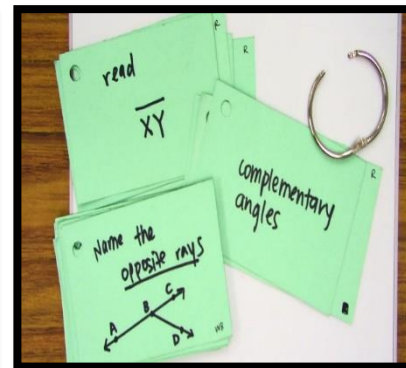
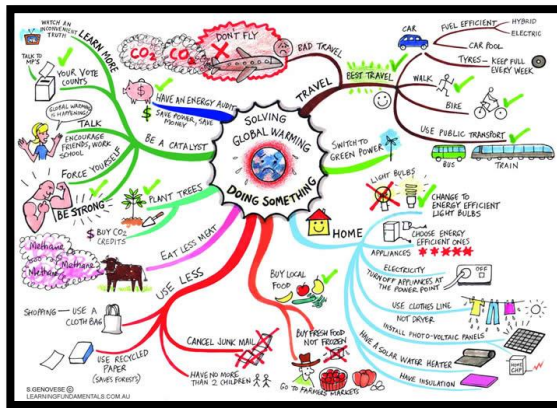
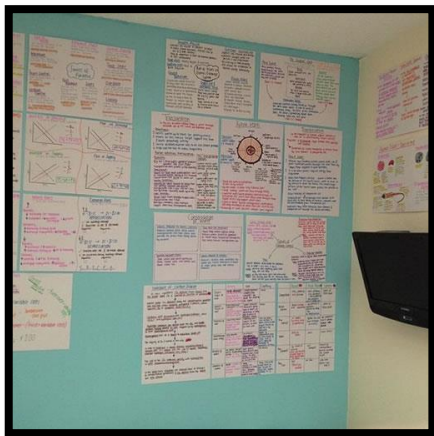
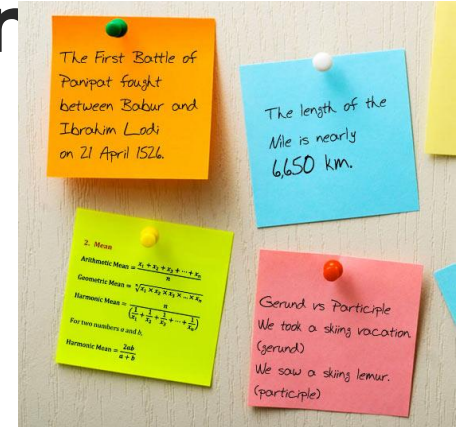
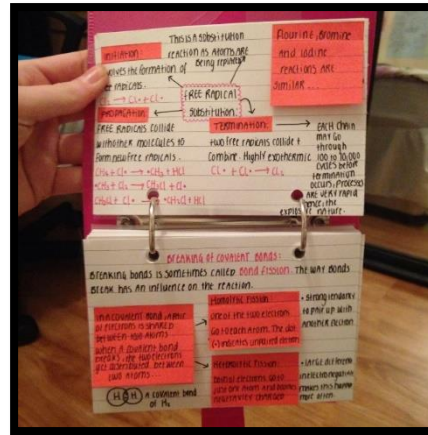
- Kahoot
- Board games/ Dominoes
- Catchphrase/ Block Buster
- Treasure hunts

6. Revision Dice

- Your son/daughter will prepopulate each square with a key term or question about a particular topic
- They will roll a dice twice – the first roll determines the column, the second roll determines the row
- They must answer the question or provide a definition for the key term they have ‘landed on’

Practical NOT passive revision



A word of caution on using revision guides...

- You need to do something with the information – don't just read the book or highlight key points! Instead, convert the information into a table, diagram, flow map etc
- Cross referencing may be required – revision guides don't always cover every aspect of the course specification! Check your specification carefully as part of your revision to ensure that you have covered EVERYTHING!



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Welcome to Eggescliffe School. We believe in offering the highest quality education, both in the classroom and through our extensive extra-curricular activities.

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Courses:

- English Language
- English Literature
- Maths
- French
- Spanish
- Art
- Computer Science
- Geography
- German
- PE
- History
- RS
- General revision resources



What can you access here?

- Specifications
- Exam questions and answers
 - Subject specific videos
 - Links to useful sites
- Advice & tips for exams

“An excellent resource to support parents in helping their child access high-quality, relevant revision materials”

- ✓ **9th – 27th October** – Practise Assessments 1 (MOCK 1)
- ✓ **23rd November** – Sixth Form Open Evening
- ✓ **30th November** – Subject Parents Evening
- ✓ **15th December** – Sixth Form Applications due in
- ✓ **24th January – 9th Feb** – Practise Assessments 2 (MOCK 2)
- ✓ **11th March** – Practise Assessment Results Event
- ✓ **9th May** – GCSE exams start (provisional date)

Year 11 How To Revise Evening

Thank you for coming tonight.

A copy of the slides and a short Microsoft form for feedback will be sent out via parentmail in the morning.

Please now visit the sixth form block to speak with subject teachers and engage with the careers fair.

Refreshments are provided.



Venue	Subject
SF1	Maths
SF2	English
SF3	Science
SF4	Humanities (Geography, History, RS)
SF5	Creative Arts (Art, Music, Drama)
SF6	Additional options subjects
Common room	Careers fair