

YEAR 7 PERSONAL DEVELOPMENT

	THEME	PSHE LESSON CONTENT	FORM TIME LINK-TUTOR TALK	ASSEMBLIES		
				Date	Focus	Theme
HALF TERM 1	RELATIONSHIPS	1. n/a	<ul style="list-style-type: none"> Being part of a community (Relationships) Making a difference (Life in the wider world) What are British Values? (British Values) Healthy body and mind (Health & wellbeing) 	02.09	New beginnings – school values	Relationships
		2. Transition		09.09	Behaviour and rewards introduction	Relationships
		3. Be kind to yourself		16.09	Choose to succeed	Life in the wider world
		4. Healthy relationships		25.09	Why waste?	Life in the wider world
		5. Unhealthy relationships		30.09	Black History Month	Diversity and equality
		6. Managing Conflict		07.10	Looking after your mental health	Health and wellbeing
		7. Consent		14.10	Year leader – needs arising	ALL
		8. Consent, pressure & influence		21.10	Rewards assembly	Relationships
HALF TERM 2	HEALTH AND WELLBEING	1. Review half term 1 & MH peer educator 1	<ul style="list-style-type: none"> Being kind to others (Diversity and equality) Identity and protected characteristics (Diversity and equality) Choose to succeed (Life in the wider world) 	04.11	Men's mental health	Health and wellbeing
		2. MH peer educator 2		11.11	Remembrance	British Values
		3. MH peer educator 3		18.11	Every child, every right	Diversity and equality
		4. Wellbeing: Resilience (MH peer educator)		25.11	Anti-consumerism (Buy Nothing Day)	Life in the wider world
		5. Health Education: Body changes		02.12	Year leader – needs arising	ALL
		6. Health Education: Alcohol		09.12	Rewards assembly	Relationships
		7. Health Education: Vaping/oral hygiene		16.12	Celebrating Christmas assembly	Diversity and equality
HALF TERM 3	STAYING SAFE	1. Review half term 2 & First Aid: Recovery position	<ul style="list-style-type: none"> Happiness (Health and wellbeing) What makes a good leader? (Life in the wider world) Commitment (Relationships) The importance of democracy (British Values) 	06.01	Be the best you can be – school values	Relationships
		2. Risk taking		13.01	Year leader – needs arising	ALL
		3. Online safety: Digital citizen		20.01	Importance of education	Life in the wider world
		4. Online safety: Keeping safe		27.01	Holocaust memorial (Holocaust Memorial Day)	Diversity and equality
		5. Online safety: Legal aspects/ support		03.02	Careers (National Apprenticeship Week)	Life in the wider world
		6. Online safety: Digital wellbeing		10.02	Kindness	British Values
		7. KNIFE CRIME/Railway safety		17.02	Rewards assembly	Relationships
HALF TERM 4	CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 3 & Anti-bullying: Identity	<ul style="list-style-type: none"> Predicting your future (Life in the wider world) Empowered by education (Life in the wider world) Equality for all-Equality Act (Diversity and equality) 	03.03	Reading for pleasure	Health and wellbeing
		2. Anti-bullying: Bullying or banter?		10.03	Inspirational women	Diversity and equality
		3. Anti-bullying: Roles in bullying		17.03	Why is Science important?	Life in the wider world
		4. Tackling Racism		24.03	What makes you happy?	Health and wellbeing
		5. Diversity & protected characteristics		31.03	Year leader – needs arising	ALL
		6. Review half term 4 & UK and identity		07.04	Rewards assembly	Relationships
HALF TERM 5	BRITISH VALUES	1. Politics: Left and right	<ul style="list-style-type: none"> Online safety (Staying safe) Managing stress (Health and wellbeing) One planet – our planet (Life in the wider world) 	28.04	Be the best you can be – school values	Relationships
		2. BANK HOLIDAY		05.05	Looking after our planet (Earth Day)	Life in the wider world
		3. Politics: UK main parties		12.05	Family	Diversity and equality
		4. Extremism and the law		19.05	Year leader – needs arising	ALL
HALF TERM 6	LIFE IN THE WIDER WORLD	1. Review half term 5 & Financial education: Bank accounts	<ul style="list-style-type: none"> Radicalisation (British Values) Healthy relationships (Relationships) Role of the media (Life in the wider world) Stereotypes (Diversity and equality) 	02.06	CELEBRATING DIVERSITY MONTH – To include World Refugee Day, Pride Month	Diversity and equality
		2. Financial education: Credit/debit		09.06		Relationships
		3. CEIAG: Strengths		16.06		British Values
		4. CEIAG: Applying for a job		23.06	Life in the wider world	
		5. CEIAG: Post Y11 options		30.06	Y10 into 11 launch – assembly timetable collapsed	n/a
		6. Being an active citizen		07.07	Year leader – needs arising	ALL
		7. End of term activity		14.07	End of term assembly (incl rewards)	Relationships

YEAR 8 PERSONAL DEVELOPMENT

	THEME	PSHE LESSON CONTENT	FORM TIME LINK-TUTOR TALK	ASSEMBLIES		
				Date	Focus	Theme
HALF TERM 1	STAYING SAFE	1. N/a	<ul style="list-style-type: none"> Being part of a community (Relationships) Making a difference (Life in the wider world) What are British Values? (British Values) Healthy body and mind (Health & wellbeing) 	02.09	New beginnings – school values	Relationships
		2. Managing online information: Online safety		09.09	Behaviour and rewards introduction	Relationships
		3. Cyberbullying: Online safety		16.09	Choose to succeed	Life in the wider world
		4. Send a pic: Online safety		25.09	Why waste?	Life in the wider world
		5. County Lines		30.09	Black History Month	Diversity and equality
		6. The Law		07.10	Looking after your mental health	Health and wellbeing
		7. First Aid – Choking		14.10	Year leader – needs arising	ALL
		8. First aid – Bleeding and shock		21.10	Rewards assembly	Relationships
HALF TERM 2	HEALTH AND WELLBEING	1. Review half term 1 & Wellbeing awareness: Self-harm	<ul style="list-style-type: none"> Being kind to others (Diversity and equality) Identity and protected characteristics (Diversity and equality) Choose to succeed (Life in the wider world) 	04.11	Men's mental health	Health and wellbeing
		2. Health Education: Personal hygiene		11.11	Remembrance	British Values
		3. Health Education: Healthy living		18.11	Every child, every right	Diversity and equality
		4. Health Education: Alcohol and media		25.11	Anti-consumerism (Buy Nothing Day)	Life in the wider world
		5. Health Education: Vaping, risk & drugs		02.12	Year leader – needs arising	ALL
		6. Wellbeing awareness: Strategies (MH peer educators)		09.12	Rewards assembly	Relationships
		7. Wellbeing awareness: Resilience (MH peer educators)		16.12	Celebrating Christmas assembly	Diversity and equality
HALF TERM 3	CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 2 & Anti-bullying: Sexual bullying	<ul style="list-style-type: none"> Happiness (Health and wellbeing) What makes a good leader? (Life in the wider world) Commitment (Relationships) The importance of democracy (British Values) 	06.01	Be the best you can be – school values	Relationships
		2. Anti-bullying: Impact of bullying		13.01	Year leader – needs arising	ALL
		3. Tackling racism: Is it racist?		20.01	Importance of education	Life in the wider world
		4. Tackling racism: The media		27.01	Holocaust memorial (Holocaust Memorial Day)	Diversity and equality
		5. What is LGBTQ?		03.02	Careers (National Apprenticeship Week)	Life in the wider world
		6. Diversity & protected characteristics		10.02	Kindness	British Values
		7. Diversity project		17.02	Rewards assembly	Relationships
HALF TERM 4	LIFE IN THE WIDER WORLD	1. Review half term 3 & CIA: Branding	<ul style="list-style-type: none"> Predicting your future (Life in the wider world) Empowered by education (Life in the wider world) Equality for all-Equality Act (Diversity and equality) 	03.03	Reading for pleasure	Health and wellbeing
		2. CIAG: Tees Valley jobs		10.03	Inspirational women	Diversity and equality
		3. Financial Education: Consumer rights		17.03	Why is Science important?	Life in the wider world
		4. Financial Education: Targeted advertising		24.03	What makes you happy?	Health and wellbeing
		5. Role of the media: Fake news		31.03	Year leader – needs arising	ALL
		6. Role of the media: 'Insta-lies'		07.04	Rewards assembly	Relationships
HALF TERM 5	BRITISH VALUES	1. Review half term 4 & Law and justice: Criminals, law and society	<ul style="list-style-type: none"> Online safety (Staying safe) Managing stress (Health and wellbeing) One planet – our planet (Life in the wider world) 	28.04	Be the best you can be – school values	Relationships
		2. BANK HOLIDAY		05.05	Looking after our planet (Earth Day)	Life in the wider world
		3. Law and justice: Law making in society		12.05	Family	Diversity and equality
		4. Law and justice: Prison, reform and punishment		19.05	Year leader – needs arising	ALL
HALF TERM 6	RELATIONSHIPS	1. Review half term 5 & RSE: Family unit and marriage	<ul style="list-style-type: none"> Radicalisation (British Values) Healthy relationships (Relationships) Role of the media (Life in the wider world) Stereotypes (Diversity and equality) 	02.06	CELEBRATING DIVERSITY MONTH – To include World Refugee Day, Pride Month	Diversity and equality
		2. RSE: Gender expectations		09.06		Relationships
		3. RSE: Gender stereotypes		16.06		British Values
		4. RSE: Domestic Abuse		23.06		Life in the wider world
		5. RSE: Harmful sexual behaviours		30.06	Y10 into 11 launch – assembly timetable collapsed	n/a
		6. RSE: STIs		07.07	Year leader – needs arising	ALL
		7. End of term activity		14.07	End of term assembly (incl rewards)	Relationships

YEAR 9 PERSONAL DEVELOPMENT

	THEME	PSHE LESSON CONTENT	FORM TIME LINK-TUTOR TALK	ASSEMBLIES		
				Date	Focus	Theme
HALF TERM 1	STAYING SAFE	1. N/a	<ul style="list-style-type: none"> Being part of a community (Relationships) Making a difference (Life in the wider world) What are British Values? (British Values) Healthy body and mind (Health & wellbeing) 	02.09	New beginnings – school values	Relationships
		2. Online safety: Exploited		09.09	Behaviour and rewards introduction	Relationships
		3. Online safety: FOMO		16.09	Choose to succeed	Life in the wider world
		4. Online safety: Gambling		25.09	Why waste?	Life in the wider world
		5. First Aid: Chest pains		30.09	Black History Month	Diversity and equality
		6. First Aid: CPR/AED		07.10	Looking after your mental health	Health and wellbeing
		7. Knife crime		14.10	Year leader – needs arising	ALL
		8. Railway safety		21.10	Rewards assembly	Relationships
HALF TERM 2	RELATIONSHIPS	1. Review half term 1 & Online sexual harassment & reporting	<ul style="list-style-type: none"> Being kind to others (Diversity and equality) Identity and protected characteristics (Diversity and equality) Choose to succeed (Life in the wider world) 	04.11	Men's mental health	Health and wellbeing
		2. Bullying		11.11	Remembrance	British Values
		3. Unhealthy relationships and inappropriate behaviour		18.11	Every child, every right	Diversity and equality
		4. Domestic abuse		25.11	Anti-consumerism (Buy Nothing Day)	Life in the wider world
		5. Sexual health*		02.12	Year leader – needs arising	ALL
		6. Contraception* / BROOK Healthy relationships (CM, OJ, SH, FC)		09.12	Rewards assembly	Relationships
		7. Contraception* / BROOK Healthy relationships (LW, LM, JS, SW)		16.12	Celebrating Christmas assembly	Diversity and equality
HALF TERM 3	LIFE IN THE WIDER WORLD	1. Review half term 2 & Road safety	<ul style="list-style-type: none"> Happiness (Health and wellbeing) What makes a good leader? (Life in the wider world) Commitment (Relationships) The importance of democracy (British Values) 	06.01	Be the best you can be – school values	Relationships
		2. CIAG: Options launch		13.01	Year leader – needs arising	ALL
		3. CIAG: Options booklet		20.01	Importance of education	Life in the wider world
		4. CIAG: Apprenticeships		27.01	Holocaust memorial (Holocaust Memorial Day)	Diversity and equality
		5. CIAG: Post 16 options		03.02	Careers (National Apprenticeship Week)	Life in the wider world
		6. Financial Education: Money safety & MHWB – Barclays		10.02	Kindness	British Values
		7. Financial Education: Money safety & MHWB – Barclays		17.02	Rewards assembly	Relationships
HALF TERM 4	HEALTH AND WELLBEING	1. Review half term 3 & Wellbeing: Eating disorders	<ul style="list-style-type: none"> Predicting your future (Life in the wider world) Empowered by education (Life in the wider world) Equality for all-Equality Act (Diversity and equality) 	03.03	Reading for pleasure	Health and wellbeing
		2. Wellbeing: Body image (MH peer educators)		10.03	Inspirational women	Diversity and equality
		3. Health Education: Alcohol		17.03	Why is Science important?	Life in the wider world
		4. Health Education: Legal/illegal highs		24.03	What makes you happy?	Health and wellbeing
		5. Health Education: Smoking		31.03	Year leader – needs arising	ALL
		6. Review half term 4 & Politics: Why vote?		07.04	Rewards assembly	Relationships
HALF TERM 5	BRITISH VALUES	1. Understanding and challenging discrimination	<ul style="list-style-type: none"> Online safety (Staying safe) Managing stress (Health and wellbeing) One planet – our planet (Life in the wider world) 	28.04	Be the best you can be – school values	Relationships
		2. BANK HOLIDAY		05.05	Looking after our planet (Earth Day)	Life in the wider world
		3. Types of extremism		12.05	Family	Diversity and equality
		4. What is meant by individual liberty?		19.05	Year leader – needs arising	ALL
HALF TERM 6	CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 5 & Tackling racism	<ul style="list-style-type: none"> Radicalisation (British Values) Healthy relationships (Relationships) Role of the media (Life in the wider world) Stereotypes (Diversity and equality) 	02.06	CELEBRATING DIVERSITY MONTH – To include World Refugee Day, Pride Month	Diversity and equality
		2. Being the same, yet different		09.06		Relationships
		3. Seeking refuge and asylum		16.06		British Values
		4. Equality Act		23.06	Life in the wider world	
		5. Human rights act		30.06	Y10 into 11 launch – assembly timetable collapsed	n/a
		6. C2S – starting your GCSEs		07.07	Year leader – needs arising	ALL
		7. End of term activity		14.07	End of term assembly (incl rewards)	Relationships