

Y10 PD OVERVIEW 2025-26					
	THEME	PSHE LESSON CONTENT	ASSEMBLIES		
			Date	Focus	Theme
HALF TERM 1	RELATIONSHIPS Year 10 'Sexual health PSHE 9.05-10.05am: 20 th October - 2 x ½ year group sessions	1. N/a	01.09	New beginnings/school values	
		2. What are my relationship values?	08.09	Behaviour & rewards	RELATIONSHIPS
		3. What is emotional abuse?	15.09	C2S re-launch (and scholar assemblies)	HEALTH AND WELLBEING
		4. What is incel culture?	22.09	Enrichment & oracy	LIFE IN THE WIDER WORLD
		5. What are sexual offences?	29.09	The power of words (Black History Month)	CELEBRATING DIVERSITY AND EQUALITY
		6. Substance abuse & relationships – so what?	06.10	Looking after your mental health	HEALTH AND WELLBEING
		7. The Moral Question: Creation	13.10	Year leader – needs arising	LIFE IN THE WIDER WORLD
		8. BROOK: Sexual health	20.10	Rewards assemblies	RELATIONSHIPS
HALF TERM 2	HEALTH AND WELLBEING <i>Skills builder floating lesson (JWN)</i> Year 10 'Pornography' PSHE 9.05-10.05am: 1 st December & 8 th December - 2 x 2 form groups	1. Review half term 1& What can go wrong when using substances?	03.11	Kindness	RELATIONSHIPS
		2. What are county lines? (Year 9)	10.11	Remembrance	BRITISH VALUES
		3. How can I cope with exams?	17.11	Men's mental health	HEALTH AND WELLBEING
		4. SKILLS BUILDER floating lesson (led by JWN)	24.11	Online safety	STAYING SAFE
		5. Anxiety BROOK: Pornography	01.12	Year leader – needs arising	LIFE IN THE WIDER WORLD
		6. Anxiety BROOK: Pornography	08.12	Rewards assemblies	RELATIONSHIPS
		7. Wellbeing awareness: Managing stress of exams (MH peer educators)	15.12	Christmas assemblies	CELEBRATING DIVERSITY AND EQUALITY
HALF TERM 3	STAYING SAFE	1. Review half term 2 & What are microtransactions (gaming)? (Year 9)	05.01	New term messages	
		2. Online safety: Fraud & grooming (sextortion)	12.01	Year leader – needs arising (Y10 work experience launch)	LIFE IN THE WIDER WORLD
		3. Why is fighting not the answer?	19.01	Risk versus reward	STAYING SAFE
		4. What are the risks of carrying a knife?	26.01	Holocaust memorial	BRITISH VALUES
		5. The moral question: Sanctity of life	02.02	How people are influenced	STAYING SAFE
		6. What are public order offences?	09.02	Careers (apprenticeships)	LIFE IN THE WIDER WORLD
		7. Road safety & peer pressure	16.02	Rewards assemblies	RELATIONSHIPS
HALF TERM 4	LIFE IN THE WIDER WORLD	1. Review half term 3 & CIAG: Tees Valley jobs	02.03	Reading for pleasure	HEALTH AND WELLBEING
		2. CIAG: Employability	09.03	Inspirational women	BRITISH VALUES
		3. CIAG: Routes to employment	16.03	Reduce, re-use, recycle, refuse	LIFE IN THE WIDER WORLD
		4. What is gambler's fallacy?	23.03	Year leader – needs arising	LIFE IN THE WIDER WORLD
		5. Choose to succeed: How to revise	30.03	Rewards assemblies	RELATIONSHIPS
HALF TERM 5	BRITISH VALUES	1. Review half term 4 & The Moral Question: Religious rules	20.04	New term messages	
		2. What is extremism?	27.04	Enrichment re-launch	LIFE IN THE WIDER WORLD
		3. BANK HOLIDAY	04.05	STEM	LIFE IN THE WIDER WORLD
		4. C2S rev TT & What is radicalisation?	11.05	Year leader – needs arising	LIFE IN THE WIDER WORLD
		5. Work experience week	18.05	Rewards assemblies	RELATIONSHIPS
HALF TERM 6	CELEBRATING DIVERSITY AND EQUALITY	1. Work experience debrief	01.06	Diversity month assemblies	CELEBRATING DIVERSITY AND EQUALITY BRITISH VALUES
		2. Review half term 5 & Revision for mocks	08.06		
		3. Is it OK to protest?	15.06		
		4. LGBTQIA+	22.06		
		5. The Moral Question: Religious diversity	29.06	(Y10-11 launch & Y6 transition)	LIFE IN THE WIDER WORLD
		6. The Moral Question: Life after death	06.07	Year leader – needs arising	LIFE IN THE WIDER WORLD
		7. End of term activity	13.07	End of term celebrations, including rewards	RELATIONSHIPS

Y11 PD OVERVIEW 2025-26						
	THEME	PSHE LESSON CONTENT	C2S focus (for tutor talk)	ASSEMBLIES		
				Date	Focus	Theme
HALF TERM 1	LIFE IN THE WIDER WORLD	1. N/a	Coping with stress	01.09	New beginnings/school values	
		2. CIAG: Routes		08.09	Behaviour & rewards	RELATIONSHIPS
		3. CIAG: Employability		15.09	C2S re-launch (and scholar assemblies)	HEALTH AND WELLBEING
		4. The Moral Question		22.09	Exam regulations	LIFE IN THE WIDER WORLD
		5. How can we approach new situations? (in Y10 lessons)		29.09	The power of words (Black History Month)	CELEBRATING DIVERSITY AND EQUALITY
		6. How can we be street savvy? (in Y10 lessons)		06.10	Looking after your mental health	HEALTH AND WELLBEING
		7. What is my relationship with AI?		13.10	Year leader – needs arising	LIFE IN THE WIDER WORLD
		8. Financial Education: Taxation/payslips/NI		20.10	Rewards assemblies	RELATIONSHIPS
HALF TERM 2	RELATIONSHIPS	1. Review half term 1 & Sixth form launch	Time management	03.11	Kindness	RELATIONSHIPS
		2. Revision for mocks		10.11	Remembrance	BRITISH VALUES
		3. Revision for mocks		17.11	Men's mental health	HEALTH AND WELLBEING
		4. RSE: Different relationships & commitment		24.11	Online safety	STAYING SAFE
		5. RSE: Domestic abuse		01.12	Year leader – needs arising	LIFE IN THE WIDER WORLD
		6. RSE: Unplanned pregnancies		08.12	Rewards assemblies	RELATIONSHIPS
		7. RSE: Risky behaviours/ positive choices		15.12	Christmas assemblies	CELEBRATING DIVERSITY AND EQUALITY
HALF TERM 3	HEALTH AND WELLBEING	1. Wellbeing awareness: Stress (MH peer educators)	Revision top tips	05.01	New term messages & C2S week	
		2. Review half term 2 & Health Education (organ donation)		12.01	Year leader – needs arising (Y10 work experience launch)	LIFE IN THE WIDER WORLD
		3. Revision for mocks		19.01	Risk versus reward	STAYING SAFE
		4. Revision for mocks		26.01	Holocaust memorial	BRITISH VALUES
		5. The Moral Question		02.02	How people are influenced	STAYING SAFE
		6. Health Education: Self-examination		09.02	Careers (apprenticeships)	LIFE IN THE WIDER WORLD
		7. Drugs & substance use		16.02	Rewards assemblies	RELATIONSHIPS
HALF TERM 4	STAYING SAFE CELEBRATING DIVERSITY AND EQUALITY	1. Review half term 3 & Online safety: Gaming	Exam procedures	02.03	Reading for pleasure	HEALTH AND WELLBEING
		2. Online safety: Data protection		09.03	English revision	BRITISH VALUES
		3. Online safety: Blackmail and pressure		16.03	Science revision	HEALTH AND WELLBEING
		4. Tackling racism		23.03	Maths revision	HEALTH AND WELLBEING
		5. Equal rights		30.03	Rewards assemblies	RELATIONSHIPS
HALF TERM 5		1. Revision		20.04	New term messages & exam regs	
		2. Revision		27.04	Final assembly – C2S	LIFE IN THE WIDER WORLD
		3. BANK HOLIDAY		04.05		
		4. Exams		11.05		
		5. Exams		18.05		
HALF TERM 6		1. Exams		01.06		
		2. Exams		08.06		
		3. Study leave		15.06		
		4. Study leave		22.06		
		5. Study leave		29.06		
		6. Study leave		06.07		
		7. Study leave		13.07		