

EGGLESCLIFFE NEWS

Dear Parents and Carers, A Message of Kindness and Resilience to Our School Community

“At our school, we act with kindness, show resilience, and take responsibility. We keep going when it is hard, we support others, and we choose calm reflection over blame or outrage.”

Kindness and resilience are not optional extras in challenging times – they are expectations we live by.

Being resilient means keeping going when things get tough, even when outcomes are uncertain. It means pausing, rather than panicking, reflecting rather than reacting, and solving problems rather than assigning blame. When something goes wrong, we ask: *What can I learn? How can I improve? How can I help?*

Kindness underpins this. Kindness to ourselves means recognising mistakes as part of learning, valuing effort, and looking after our wellbeing. Kindness to others means choosing encouragement over comparison, empathy over judgement, and support over self-interest.

As a community, we will not always get everything right – but we are clear about how we respond. We help each other up. We speak with respect. We do not rush to outrage or blame. We take responsibility and move forward together.

“Resilience is not about never falling – it is about rising, learning, and continuing.”

“Kindness is a choice we make, especially when it matters most.”

“Strong communities are built by people who support one another.”

	Summer Term 2
1/6/2026	Year 12 Mock Exams
15/6/2026	Year 10 Mock Exams
25/6/2026	Year 11 Rewards Evening and Art Exhibition
22/6/2026	Year 11 Prom
29/6/2026	Year 13 Prom
30/6/2026 & 1/7/2026	Year 6 into 7 Transition Days
3/7/2026	Leavers Concert Evening
8/7/2026	Ennies Awards Evening
15/7/2026	Year 7 & 8 Theme Park Trip
16/7/2026	Year 9 & 10 Theme Park Trip

By living these shared values day-to-day, especially when it feels hardest, we create a calmer, stronger and more compassionate school community – one that prepares us not only for exams, but for life.

Best wishes,
Neil Gittins
Head of School

A Message to Our year 11 and year 13 Students

If you are sitting exams right now, I want you to hear this clearly: you are more than your grades, and you are not alone.

Exam season can feel overwhelming. There is pressure to do well, pressure to revise, pressure to keep going even when you are tired or worried. Those feelings are completely normal. What matters is how you look after yourself and how you treat those around you.

Being kind to yourself is not giving up—it is giving yourself the best chance of success. Take breaks, ask for help when you need it, and remember that effort counts. Being kind to others matters too. A quiet word of encouragement, patience with a friend, or simply giving someone space can make a real difference.

Resilience is not about being perfect. It is about showing up, doing your best on that day, and moving forward—whatever the outcome. One exam, or one difficult paper, does not define you.

We believe in you. We see your hard work every day, and we are incredibly proud of you.

Mr N. Gittins, Headteacher

Kindness Collective

This term, our newsletter has been shaped by the work of our Kindness Collective — a group of students and staff committed to making kindness visible, meaningful and outward-facing across our school community.

Kindness at Eggescliffe is not a one-off event or a theme week. It is a culture — lived every day through student leadership, staff commitment and our shared values.



Celebrating Kindness Throughout Our School Community

Throughout the year our kindness initiative had grown from strength to strength as we embrace what is fundamental to our whole community ‘the act of kindness’ no matter how big or small. Students and staff can also write nominations about acts of kindness and post them in our kindness post boxes.

Each Year group has two nominated kindness ambassadors who are involved in helping their Year group as well kindness events throughout the year.

Weekly Kindness

Every week our students are awarded kindness points on class charts for acts of kindness in and out of the classroom. Students can also be awarded kindness tokens which they are always happy to exchange for a 'sweet treat' on a Wednesday from our basket of treats that is organised by some of our sixth formers. Every week each Year group receives their Year group kindness totals shown in our 'Kindness Points ladder' and at the end of each academic Year there will be an award for the Year group who is top of the leader board.



Termly Kindness Rewards

Every term we hold a Kindness Rewards event where students across all Year groups, with some of the highest kindness points are invited to join a celebration event where they receive certificates, enjoy some treats and fun activities.

Yearly Kindness Rewards – Kindness Week

There is a yearly kindness rewards afternoon at the end of Kindness Week where we celebrate and reward our young people who have shown inspirational and creative ideas relating to our theme of outward facing kindness.



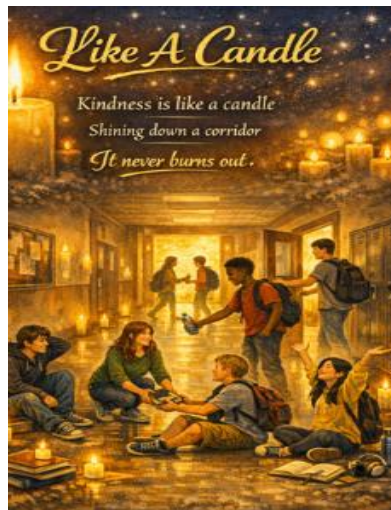
EGGLESCLIFFE NEWS

Eggescliffe's First Ever Kindness Week



In March, Eggescliffe held its first ever Kindness Week, built around the theme *'Kindness That Reaches Out'*.

Across the week, students and staff worked together to make kindness visible — through learning, creativity, leadership and community engagement. From PSHE window displays and curriculum challenges to fundraising, community visits and shared celebration, Kindness Week showcased what happens when values are put into action.



Throughout the week, students transformed corridors, offices and shared spaces into places of colour, reflection and message-making. Sixth Form students led by example, creating striking window displays that filled shared spaces with positive messages and symbols of care, empathy and connection.

Kindness Reaching Out



A key focus of Kindness Week was looking beyond our school gates. Students supported local charities, engaged in community activities and raised awareness of how small acts — time, attention, generosity — can make a real difference to others.

This included a visit to Zoe's Hospice where some sixth form students met staff, handed over the donations with our giant Easter Rabbit bearing Easter treats for all.



Parent and Student Voices

Throughout Kindness Week, parents and students shared messages of appreciation, reflection and thanks.

I have always found Sophie to be kind, polite and generous. She continues to be a supportive, encouraging friend to my daughter, Rhiannon. She always encourages Rhiannon to be herself, has never judged her and is so empathetic.

This has made my children happy to attend school knowing they have lovely members of staff there to help and support when needed

Many thanks to all the staff who put on the extras - the after school clubs, the trips, the revision sessions - it is the extras that allow the students to discover more about themselves and their subjects.

All support Staff, who behind the scenes make everything work smoothly. The teachers may well be the face of the school, but it wouldn't happen without you all.

Staff and Curriculum Kindness

Kindness Week was embedded across departments, with staff designing curriculum activities linked to the theme 'Kindness That Reaches Out'.

From discussion prompts and retrieval tasks to creative projects and PSHE activities, staff kindness reached far beyond the classroom.

EGGLESCLIFFE SCHOOL
AND SIXTH FORM COLLEGE

WE ARE
OUTSTANDING
Ofsted report published March 2024

Ofsted
Outstanding
Provider



Starter:
Are you kind?
Watch the video – Can you pick out the 3 French compliments that are mentioned?



3 compliments that hit different in French #

Create our acts of kindness to the Earth

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

SPARK

hello@egglescliffe.org

1. "The Wrinkled Heart"

- Give each student a paper heart. Ask them or give them a historical figure who was treated unkindly. Students crumple their paper heart tight again. We will then discuss that the wrinkles (like unkind actions) cannot be completely removed.

2. "Walking in Someone's Shoes"

- **Activity:** Students are shown an old shoe. They look at a person connected to the topics. They are asked to look at the issue from the person's perspective.

3. Kindness Tree/Quilt of Resilience

After studying an event which is difficult. E.g. civil war. On leaves or quilt squares, students write down acts of kindness they could perform to make efforts of the past.

Postcards of gratitude for home learning across the department. Students choose a person in history and write a thank you message on a postcard.

Extra-curricular Kindness

Kindness Week involved more than just tailored lessons – there were events and clubs dedicated to the theme of kindness as well, such as these beautiful poems from Poetry Club.



Kindness Week Awards

Last but not least, we cannot forget the first annual Kindness Week Awards...

Kindness Week Competition!
Kindness That Reaches Out

1st, 2nd, 3rd Spectacular Prizes!

KINDNESS THAT REACHES OUT
Please produce a **Kindness Project** exploring "Kindness That Reaches Out" and submit via **Class Charts** or to **Mr. Moulder** in SF05. This is open to interpretation—make anything you like that links to kindness reaching outward.

Deadline: Friday 13th March

Write or perform a song or drama piece (submit the lyrics or script)

Write a poem, short story or essay exploring kindness (submit the text)

Create an original piece of artwork, showing outward kindness

Design a fundraiser that helps others and explain how it works

COMING SOON: KINDNESS WEEK
MONDAY: Window Decoration Competition (Judged by SLT – like Design a Door!)
THROUGHOUT THE WEEK: Kindness events including the first ever Kindness Fair!
FRIDAY: Competition Prize-Giving (Spectacular 1st, 2nd and 3rd prizes available)

SPARK Education Trust
Eggleston Life School and South Farm College

Competition Finalists

Passing it forward
A short story by Chetachi Nwankwo

"No act of kindness, no matter how small, is ever wasted" - Aesop

LITTLE K
by Lottin
in a world
Why is it
in a place
Why are we forced into moulds that form our hate.
We all promote kindness, but do we feel it?
in a world where wars interrupt peoples daily lives, in a world where extinction is the norm, is this what kindness is all about?

pain and suffering.
it's unusual
Until it happens to you.
It's absurd and taboo
Until you witness what people are going through.

EVERYONE has problems.
But isn't that an excuse to help someone out?

Harsh rain fell against the helpless ground, battering against car roofs and the worn road hard. Lila shivered under her thin cardigan, standing beneath a neglected bus stop which could only protect her for so long. The metal roof rattled and creaked with every gust of the violent wind; cold droplets slithered through the cracks and tapped softly against the cracked pavement.

Joshua Goodwin

Kindness is not loud.
It does not arrive with applause
or carve its name into stone.

It is the quiet hand
that steadies a shaking one
and asks for nothing in return.

It is choosing softness
when anger would be easier,
choosing to listen
when silence would protect you.

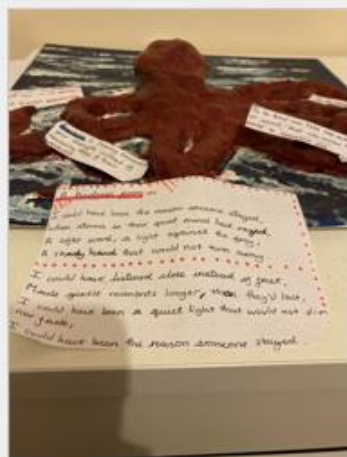
Helping Mates Rescue & Rehoming Centre
Kindness That Reaches Out

MATES
CARLIN HOWE FARM
REDCAR RD, DUNSDALE,
CLEVELAND TS14 6RG
WELFARE CENTRE BY HELIX

EGGLESCLIFFE NEWS

The Winners...

Congratulations to our runners up Cara and Phoebe, and our winner Megan!!



A big thank you to everyone who made this possible including; Our PTA, Governors, TESCO, our school staff who have wholeheartedly and enthusiastically supported all the events and, most of all, our students and their families for making it such a big success.

EGGLESCLIFFE NEWS

Year 11 Well-Being Walk

- "Year 11 students and staff enjoyed a fantastic wellbeing beach walk from Redcar to Saltburn, with over 230 taking part. After fuelling up with chips before setting off, everyone enjoyed a relaxing afternoon by the sea with ice creams and time to unwind ahead of the exam season. A brilliant atmosphere, plenty of smiles, and a perfect way to recharge before the challenges ahead!"



EGGLESCLIFFE NEWS

Rugby Sevens

We are proud to announce Eggescliffe School have been awarded England Touch Rugby School of the Year.



School Golf

Congratulations to Tom Hartshorne , Sol Canning and Jaycob Wass who competed in the County Schools Golf Championship.

Tom came 3rd going around in level par, Sol came 12th with 6 over and Jaycob came 40th with 17 over.



Year 10 Football Success



Congratulations to three of our Y10 students, who were members of the successful Stockton District Schools side that were crowned U15 Sunderland Hospital Cup Champions. The side have gone undefeated all season! Well done to Dylan M, Fin C and Logan G!



EGGLESCLIFFE NEWS

Year 11 Drama

Our Year 11 Drama students have recently taken to the stage to present a truly impressive showcase of their acting talents.



The performances highlighted students' ability to interpret various themes, explore characterisation and communicate emotions with confidence.



Students displayed exceptional commitment in rehearsals, refining their work with a clear focus.



We are incredibly proud of students who supported one another and embodied our school's values of kindness, collaboration, respect and high expectations.



We wish all of our Year 11 Drama students the very best in their upcoming examinations and look forward to seeing many of them continue their creative journeys in the future.

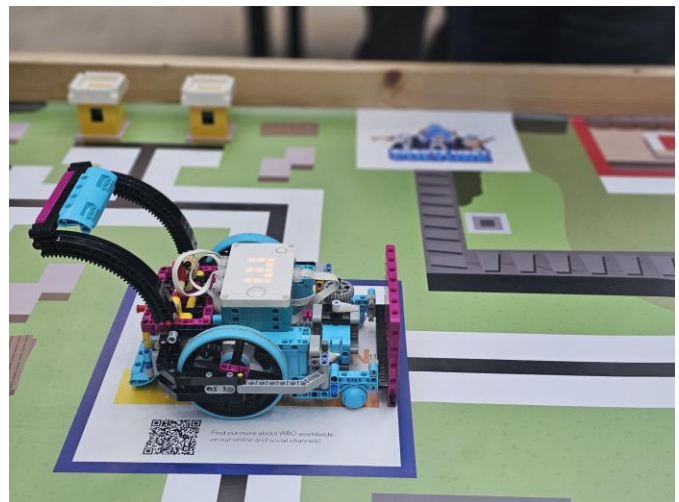


World Robotics

On Saturday 9th May, students involved in the World Robotics Olympiad travelled to Bradford Grammar School to compete against schools from around the area. With only a short time to prepare due to competing in other robotics challenges, the students designed a suitable robot to complete the missions as set out in the challenge.

It was great to see that the students, whilst being in separate teams, all contributed to each other.

The teams were unfortunate on the day that they lost out on a place in the national finals to a very well organised team from West Yorkshire.



Chemistry Olympiad

Chemistry Olympiad success!

Eggescliffe Chemistry students competed in the first round of the UK Chemistry Olympiad. This is a very challenging task, bridging the gap between A-level and Degree level Chemistry. 4 students successfully achieved a Silver award, which placed them in the top 25% of candidates.

This is an outstanding and well-deserved achievement having put in months of preparation after school. Very well done to Jerome J, Sam L, Nathan W, Agnik B!



News from the English Department

It has been a busy and exciting term for the English department, with a range of enriching experiences both inside and outside the classroom.

Year 8 Globe Theatre Trip – *Romeo and Juliet*



Firstly, our Year 8 students recently visited Shakespeare's Globe in London to watch a live performance of *Romeo and Juliet* by William Shakespeare. The immersive nature of the Globe meant students were able to experience the play as it was originally intended, standing close to the action and fully engaging with the performance. This brought the text to life in a way that simply cannot be replicated in the classroom. We were incredibly proud of the students, whose behaviour throughout the trip was exemplary. They represented the school brilliantly and embraced the experience with enthusiasm and maturity.

Young Poet Laureate Success

A huge congratulations to Aween T (year 8) who reached the final of the Young Poet Laureate competition. She created and performed her own original poem, which was both imaginative and powerful. Her work was absolutely fantastic, and we are incredibly proud of her achievement and creativity.



A Level Literature Discovery Day – Newcastle University

Our A Level Literature students attended a Discovery Day at Newcastle University. During the visit, students experienced a university-style lecture, took part in an engaging seminar, and enjoyed a guided tour of the campus. This was an excellent opportunity for them to gain insight into higher education and to deepen their appreciation of literary study beyond school. The experience was both informative and inspiring, and we hope it has encouraged many to consider their future pathways.



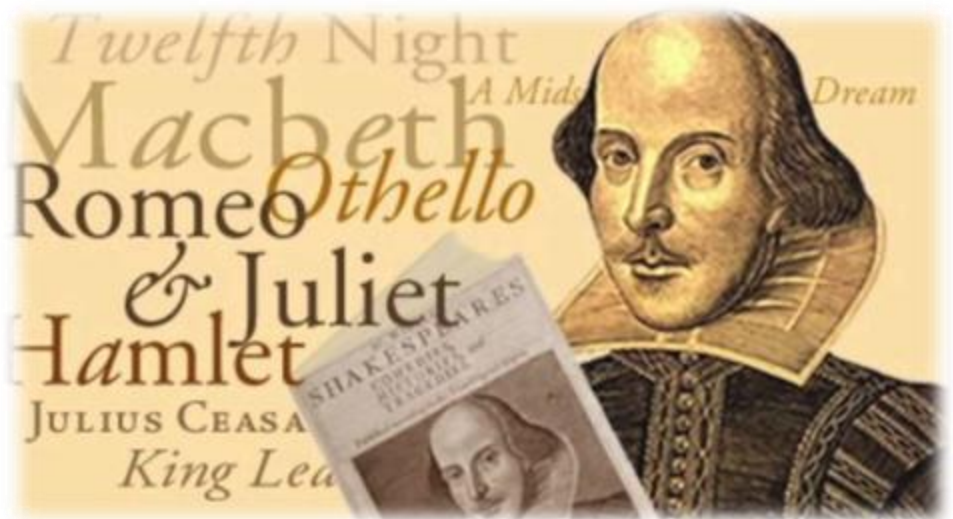
Sixth Form Theatre Visit – *To Kill a Mockingbird*

Moving onto our Sixth Form students who travelled to Newcastle to watch a powerful stage adaptation of *To Kill a Mockingbird* by Harper Lee. The performance was both inspiring and deeply moving, exploring themes of justice, prejudice, and morality. Students were particularly struck by the emotional depth of the characters and the relevance of the play's message in today's society. It was a valuable experience that will undoubtedly support their studies and wider understanding of literature.



Year 9 *Macbeth* Performance

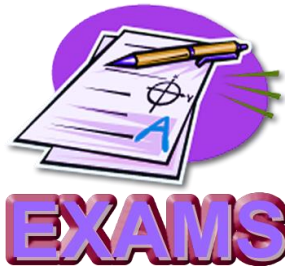
We were delighted to welcome a visiting theatre company into school to deliver a live performance of *Macbeth*, also by William Shakespeare, for all Year 9 students. As they begin studying the play this term, the performance provided an engaging and accessible introduction to the text. The actors brought key scenes to life with energy and clarity, helping students to understand the plot, characters, and themes in a memorable way. It was fantastic to see such enthusiasm and participation from all involved.



Message from the English Department

Good Luck to Year 11

Finally, we would like to wish our Year 11 students the very best of luck as they begin their exams. They have worked incredibly hard and shown real resilience and determination throughout their studies, particularly in the face of challenges along the way. Their commitment, maturity, and perseverance have been a credit to them and to the school.



We are extremely proud of everything they have achieved, both academically and personally, and it has been a pleasure to see them grow into confident and capable young people. As they move into this important stage, we want nothing but the very best for their futures, whether that be further education, training, or new opportunities beyond school.

We have every confidence that they will go on to achieve great things, and we wish them every success and happiness in the weeks ahead and beyond.

It has been a fantastic term filled with opportunity, creativity, and achievement. We look forward to building on this momentum in the months ahead.

Sixth Form News

To mark Mental Health Awareness Week, sixth form students and staff proudly wore green to show their support and to help spark important conversations about mental health and wellbeing. In line with this year's theme, Action, we have been focusing on practical steps we can all take to support our own mental health and that of others, with a range of wellbeing activities taking place throughout the week.



We were delighted to raise over £300 for the charity Lepra, which we have proudly supported as a sixth form community for over 25 years. The event involved students taking part in a fitness workout, with many adding to the fun by completing it in fancy dress. It was a wonderful, high-energy event that perfectly captured the spirit, generosity and enthusiasm of our students.



EGGLESCLIFFE NEWS

As Year 13 begin their study leave, we took time to celebrate a truly lovely year group as they reach the end of their sixth form journey. It has been a pleasure to support them over the past two years, and we are incredibly proud of the young people they have become. With A level exams now underway, we wish them the very best of luck and every success in the weeks ahead.



Key Messages for Exam Season

Be Kind to Yourself

- Take breaks and rest properly
- Eat well, hydrate, and sleep
- Speak up if you are feeling overwhelmed

Be Kind to Others

- Offer encouragement, not comparison
- Respect that everyone copes differently
- Small acts of kindness make a big difference

Be Resilient

- One exam does not define you
- Mistakes are part of learning
- Keep going—you are capable of more than you think

Do your best. Be proud of yourself. And remember—you matter far more than any grade.



Revision tips!

Revision tip:

Try to interleave your revision as much as you can. This technique has been shown to improve the effectiveness of revision:

- It helps retention of the key information in each topic
- It allows you to revise topics regularly



Revision tip:

Revision ⌚ POWER HOUR

STEP 01 Choose a past paper question
Google your subject level and exam board e.g. "Geography A-Level Past Papers AQA"

STEP 02 Revise
Spend 20 minutes revising what you need to know to answer your chosen question

STEP 03 Do the question
Set a timer for 20 minutes and answer the past paper question you chose

STEP 04 Get feedback
Show your teacher your work. Ask them whether your marking is accurate and how you could improve your answers

STEP 05 Mark your answer
Using the mark scheme for the past paper mark your answer. This will help you to think like an examiner

lifemoreextraordinary.com

Revision tip:

Seneca offer revision podcasts to support GCSE students in preparing for their exams. Find them [here](#).



Well-Being Support



WELLBEING HUB

STOCKTON-ON-TEES

Unit 5 Wellington Square, Stockton-on-Tees, TS18 1RG

Activity Timetable

April

Monday - Friday 9-5pm

Monday



Ajay Art
5-week Wellbeing Art
Workshop
10-11.30

Terence Higgins Trust
(Drop in & bookable)
9.30-3

Fibro Connect
(Drop-In)
12-2 every week



(Course full, taking names for September)

Tuesday



Bridges Family
& Carers Support
10-1 (Drop-In)

Stop Cessation
clinic 11-1

Harbour
Domestic Abuse
Support (Drop-in)
14th and 28th of April
9.15 till 12.30

Recovery College –
Impact on Teesside
1-4pm (Bookable with Impact)

Positive Living Forum
28th of April 1 till 3



Wednesday



Cruse Bereavement
(Bookable & Drop-in)
9-1

Diabetes UK
Peer Support Group
(Drop-in) April 29th 1-3



Thursday

Cruse Bereavement
(Bookable & Drop-in)
9-1

Harbour
Domestic Abuse Support
(Drop-in)
April 23rd 1.30-5

Bridges Family & Carers
Support
11.30-4 (Appointments
& Drop-in)

Friday



Royal British Legion
Veterans (Drop-In)
April date tbc 12.30-2.30



Bridges Family Support
9.30-12
(Appointments & Drop-in)



Contact us: Telephone: 01642 611922 Email: Hello@stocktonwellbeinghub.org

Well-Being Support

Diabetes Peer Support Group

This is a safe space to talk to others who are affected by diabetes. You will be able to share your experience and listen to others. The group is led by a diabetes volunteer who has over 50+ years of lived experience. Group meets:



last Wednesday of the month



1-3pm



The Wellbeing Hub, unit 5
Wellington Square, Stockton,
TS18 1RG



Please email for more information:

✉ sccc@pcp.uk.net

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.



Pop Up Clinics



NHS

BE WISE

IMMUNISE

COVID-19 Vaccine Clinic

Monday 11th May 10.00 – 16.00

All eligible groups can be vaccinated
Eligibility groups include adults aged 75 or over, children between the ages of 5 and 17 at risk of COVID-19, and those who are immunosuppressed

**Outside the Library, Billingham Market,
Billingham Town Centre, TS23 2LS**



Book today at
bewiseimmunise.co.uk



NHS

BE WISE

IMMUNISE

COVID-19 Vaccine Clinic

Wednesday 20th May 10.00 – 16.00

All eligible groups can be vaccinated
Eligibility groups include adults aged 75 or over, children between the ages of 5 and 17 at risk of COVID-19, and those who are immunosuppressed

**Stockton Market, Stockton High Street,
Stockton-on-Tees, TS18 1AT**



Book today at
bewiseimmunise.co.uk



Well-Being Support

Dying Matters Awareness Week (4 - 10 May) Death Café



Thornaby Central Library

Tuesday 21 April, 9.30 - 11am. Free, drop in

Death Cafés offer a safe and welcoming space where people can come together to open up conversations around death, dying, and bereavement.

Have you made any plans for your social media accounts after you die? Come along and obtain some top tips on organising your digital assets and digital legacy and take home a free leaflet about managing your digital life and making suitable plans. We offer, light refreshments, good conversation, and the chance to learn more at your local Death Café.

For further information call Susan Robinson on 01642 526518 or email: susan.robinson@stockton.gov.uk

Well-Being Support

Parent and carer partnership

Share your views to help shape services

All parents and carers welcome at our first meeting!



Monday 27 April



1:30pm to 3pm



Stockton Family Hub

We want to hear:

- What you think works well
- What you think could be better



For more information or to join email:



emma.werrett@stockton.gov.uk or
hdft.stockton0-19service@nhs.net

Well-Being Support



ARMED FORCES CONNECT HUB

Friday 5 June 2026 • 10am - 2pm

Market Square, Darlington, DL1 5RP

Join us for a welcoming drop-in event bringing together organisations offering careers advice, training opportunities, wellbeing support, and community resources for anyone connected to the Armed Forces.

Come along, chat to experts and explore your next steps.

We look forward to seeing you there.



To book please scan the QR code or visit
www.eventbrite.co.uk/e/armed-forces-connect-hub-tickets-1987309987670?aff=oddtcreator



DARLINGTON
Borough Council





A SECOND *Dance*



A Second Dance is our pre-loved prom attire shop that is your one stop destination! Come along to one of these events for the chance to win vouchers for the big day!



A SECOND *Dance*



Wednesday, 1-4pm
22 Wellington St.

Pop Up Shop

Feb
25
2026



Saturday, 10-2pm
22 Wellington St.

Pop Up Shop

Mar
21



Wednesday, 1-4pm
22 Wellington St.

Pop Up Shop

Apr
08
2026



Wednesday, 1-4pm
22 Wellington St.

Pop Up Shop

Apr
15
2026



Wednesday, 1-4pm
22 Wellington St.

Pop Up Shop

May
27
2026

EGGLESCLIFFE NEWS

CULTURE OF VIGILANCE AT EGGLESCLIFFE



SAFEGUARDING TEAM AT EGGLESCLIFFE SCHOOL & SIXTH FORM COLLEGE



Mrs C Wright

Designated
Safeguarding Lead



Dr C Lear

Deputy Designated
Safeguarding Lead



Mr L Henderson

Deputy Designated
Safeguarding Lead



Mrs L Aitchison

Deputy Designated
Safeguarding Lead



Mrs C Hewitt

Deputy Designated
Safeguarding Lead



Miss R Granycome

Deputy Designated
Safeguarding Lead



Miss K Winter

Deputy Designated
Safeguarding Lead



Miss G Crook

Deputy Sixth Form
Safeguarding Lead

At Egglecliffe School & Sixth Form College, we are committed to keeping every student safe, happy, and supported. If you ever feel worried, unsafe, or if something doesn't feel right—whether at school, at home, or online—please talk to a trusted adult. You can speak to a teacher, form tutor, head of house, a member of staff, or any designated safeguarding lead.

More information regarding Safeguarding and Child Protection please visit sparkeducationtrust.org.uk

LEARNING FOR LIFE

SAFE SPACE REPORTING

As discussed in previous assemblies and PSHE lessons, students have the opportunity to inform staff of something in a discrete manner by completing our SafeSpace report. Please see the link: [SafeSpace Reporting \(egglescliffe.org.uk\)](http://egglescliffe.org.uk)