

PHYSICAL EDUCATION

An excellent course for preparing students for a wide range of careers including those in the science and psychology of sports

COURSE DETAILS

A Level

OCR - H555

PE GCSE Grade 5 or higher and/or
Biology (Science) GCSE Grade 5 or higher

The course is designed for people who have a genuine interest in the science and psychology of sport and the socio-cultural factors that have influenced its development in the UK.

Students will develop knowledge and understanding of the theoretical aspects of sports performance, along with interpersonal, teamwork and leadership skills. They will improve critical observational skills, analyse data, apply theory to practical sport and problem solve. They will also have the opportunity to develop their practical skills.

The A level course is made up of four components which are studied across years 12 and 13.

There are three theoretical components and one practical component. At the end of year 13, there are three written examinations which account for 70% of the A level qualification. The remaining 30% is given for practical performance or coaching in one activity, and an oral evaluation and analysis of performance. It should be emphasised that a large part of the course is theoretical and science based.

Physical Education can lead to a career in many areas including:

- ' Physiotherapy
- ' Medicine
- ' Law
- ' Sports Journalism
- ' Primary/Secondary School Teaching
- ' Armed Forces
- ' Police

